

THE STATESMAN

ALL THE COMMUNITY NEWS YOU NEED TO KNOW SINCE 1895

Volume 118 Number 43

Thursday, September 19, 2013

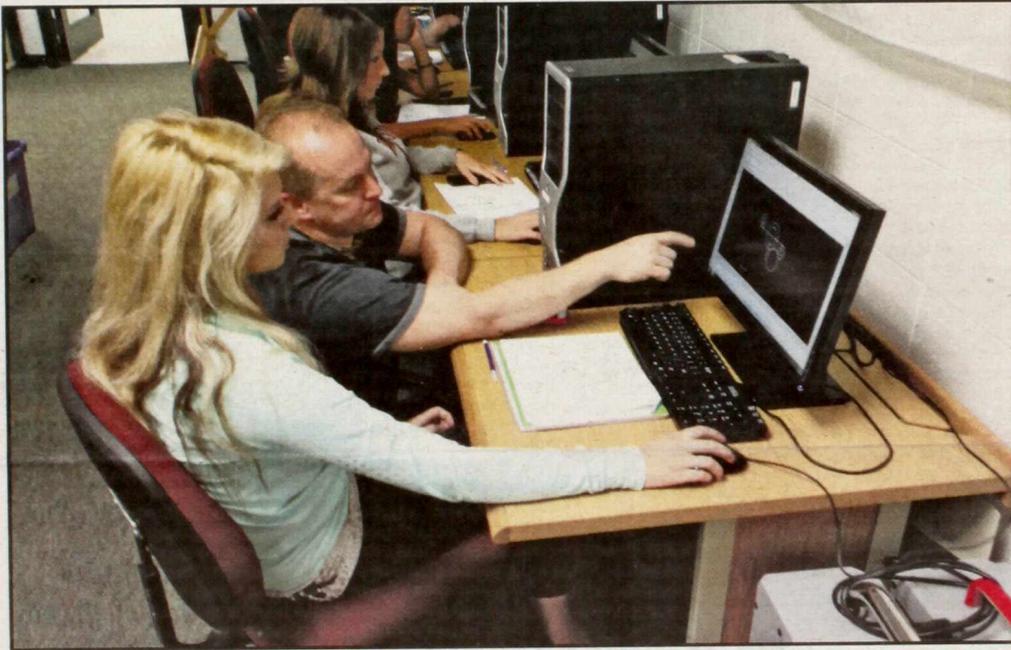
A first in Wisconsin

KHS offering tech ed class specialized for female students

Village approves 5-year road plan

By Andrew Kuehl

andrew@thestatesmanwi.com



Kewaskum High School Technology and Engineering teacher Patrick Moerchen, assists KHS senior, Emilee Spalding on a project. KHS is the first school in the state to offer a technology and engineering class suited for female students.

Statesman photo: Andrew Kuehl

This year Kewaskum High School will be leading the way in the state of Wisconsin as it pertains to addressing the lack of women entering the engineering and manufacturing fields. A new class "Women in Engineering" was developed by Technology and Education teachers Patrick Moerchen and Bryan Puls and currently has 18 female students enrolled in the class for this fall semester.

"Data reveals female students are easily intimidated by technology and engineering classes that are traditionally dominated by male students. After researching several successful programs from other states, we believed we could create a foundational class that would allow female students to thrive in classes that represent the new types of technologies that are being used throughout Wisconsin manufacturing," stated Moerchen.

The class will focus on three main topics that will include a history of women in engineering/manufacturing, current topics, post-high school education, and mechanical design using SolidWorks three-dimensional design software. Because of the uniqueness of this class the support from local and national manufacturing has been pouring in.

"I have received phone calls from other Wisconsin high schools, out-of-state school districts, and SolidWorks Corporation in Massachusetts, has donated t-shirts to all the students and have agreed to post a picture and story to their webpage and Facebook page. They claim the story should have about 1 million hits within the first week of the posting," stated Moerchen.

From the local manufacturing scene both Kondex Corporation of

Lomira and Kohler Corporation of Kohler have pledged support. Kondex offered two female engineers to act as mentors and guest speakers. Shalyn Gerczak, Metallurgical Engineer at Kondex wanted to assist with the promotion of the program.

"As a woman in engineering myself, I want these young ladies to know how engaging these careers can be. My job is hands-on, with a variety of daily challenges that push me to think creatively, collaborate with others, and always keep learning in order to improve products and processes. Engineering careers give you the chance to change the world around you," Gerczak explained.

Kohler has offered a factory tour and an inside look at their Kohler Design Center, which would be lead by

Please see: **Technology** page 8

Planning and roadwork have been on the minds of Village staff and trustees. The Village Board recently adopted a 5-year road plan and approved a repaving project for the Municipal Building Annex (MBA) parking lot.

The Village's Administrative Committee who oversees operations of the MBA voted in favor of repaving the parking lot. However, as a cost saving measure they will utilize parking in the downtown parking lot in back of building.

The north driveway will be eliminated along with all parking on the north side of the building. Parking in the front of the building facing Hwy. 45 will be handicap parking. What was pavement will be seeded for grass.

The project was slated to cost \$48,565. After altering the plan, the village will now spend \$14,300 which includes seeding the former asphalt areas.

Department of Public Works Superintendent Jerry Gilles presented a 5-year road plan for the village. In addition to planning for the future, the plan is necessary to obtain a road grant offered through a state Local Road Improvement Program (LRIP). Funding comes from the state to assist communities with the maintenance of their local roads.

Gilles indicated grant money would be paid for a 2015 project. After paying for the entire project up-front, the village could be reimbursed up to 50% through the grant.

The grant is offered to other communities in Washington County and the winning communities split the \$164,800 that is available every two years.

Gilles proposed reconstructing the west block of Knights Ave. for that year's project. He expected costs for that in the neighborhood of \$108,000.

The plan shows the Main St./Hwy. 28 project for 2014. In 2016 Moraine Ct. is planned for a repaving project, 2017 Brooklane Dr. will be repaved, along with storm sewer reconstruction and in 2018 Edgewood Rd. will be repaved with storm sewer reconstruction.

Gilles explained the village can amend the plan in the future according to the board members.

Board members unanimously approved the plan.



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POLICE BLOTTER

Thursday, September 5

7:06 am: Vehicle lock-out on Milan Dr.
 8:00 am: Received a truancy complaint from Kewaskum Career Academy.
 8:02 am: Assisted a motorist on Hwy. H West.
 8:50 am: Received a report of a subject sleeping in his vehicle on Courtney Ln.
 11:56 am: Assisted the Washington County Sheriff's Office with serving process on Courtney Ln.
 12:12 pm: Received report of possible drug activity on Courtney Ln. Complaint was unfounded.
 3:13 pm: Woman issued a warning for speed on Wildlife Dr.
 3:21 pm: Parking warning issued on Parkview Dr.
 4:02 pm: Woman issued a warning for a defective brake light on Fond du Lac Ave.
 4:59 pm: Subject issued a warning for speed on Fond du Lac Ave.
 5:27 pm: Woman issued a warning for a defective headlight on a motorcycle on Fond du Lac Ave.
 10:15 pm: Received a report of a suspicious vehicle on Fond du Lac Ave.
 11:33 pm: Subject issued a warning for a defective license plate lamp on Bonnie Ln.

Friday, September 6

8:44 am: Received complaint of a subject burning yard waste on Washington Ave.
 10:25 am: Received a report of vandalism to restrooms at a Main St. business.
 10:43 am: Received a report of a loose dog on Riverview Dr.
 11:29 am: Validated warnings for a resident.
 2:05 pm: Man issued a warning for speed on Riverview Dr.
 2:22 pm: Woman issued a warning for speed on Riverview Dr.
 3:00 pm: Issued citation for a prior violation on Edgewood Rd.
 5:24 pm: Received report of a loose dog on Clinton St.
 5:31 pm: Subject issued a warning for a defective exhaust on Braatz Dr.
 6:41 pm: Officer checked on a subject who may have violated a court order on Main St.
 7:36 pm: Received a complaint of payroll theft on Whisper Ln.
 8:40 pm: Officer investigated a suspicious vehicle on Brooklane Dr.

Saturday, September 7

12:49 am: Dispatch advised of a vehicle swerving on Hwy. H. Officer was unable to locate.
 3:11 am: Officer observed an open door on Timblin Dr. Officer secured the door after checking the apartment.
 8:27 am: Received a report of theft from vehicles on Meadow Ln.

9:23 am: Man issued a warning for speed on Fond du Lac Ave.
 10:11 am: Received report of theft from a vehicle on Clinton St.
 10:46 am: Received report of a theft from a vehicle on Meadow Ln.
 12:39 pm: Assisted a homeowner gain entry to her home on Roseland Dr.
 4:26 pm: Subject issued a citation and a warning for not having valid insurance on Hwy. H.
 6:46 pm: Subject issued citations for operating after suspension, third offense and not having valid insurance on Fond du Lac Ave.
 7:00 pm: Received a report that a vehicle had been entered. It appeared nothing had been taken on Brooklane Dr.
 9:01 pm: Subject issued a warning for speed and a defective brakelight on Fond du Lac Ave.
 9:28 pm: Subject issued a citation for operating after suspension, third offense and a warning for not having proof of valid insurance on Fond du Lac Ave.

Sunday, September 8

12:00 am: Subject issued a warning for expired registration on Roseland Dr.
 2:02 am: Subject issued a citation for disorderly conduct on Main St.
 2:22 am: Responded to a domestic situation on Braatz Dr.
 11:30 am: Assisted at Early Farm Days.
 3:02 pm: Received a report of a theft from a vehicle on Roseland Dr.
 5:04 pm: Man issued a citation for not having valid insurance and another male subject was arrested on an open warrant on Fond du Lac Ave.
 11:23 pm: Assisted the Fond du Lac County Sheriff's Department with theft complaint in Campbellsport.

Monday, September 9

7:30 am: Man issued a warning for expired registration on Fond du Lac Ave.
 8:00 am: Subject issued a citation for truancy at Kewaskum High School.
 9:09 am: Officer issued a parking citation on Reigle Dr.
 9:34 am: Man issued a warning for speed on Main St.
 10:22 am: Assisted a subject who was locked out of a building on Fond du Lac Ave.
 12:32 pm: Subject issued a citation for underage possession of cigarettes on Billgo Ln.
 1:06 pm: Report of loose dogs on Gavin Pkwy.
 6:51 pm: Officer met with a subject who needed medical assistance on Fond du Lac Ave.
 7:19 pm: Received a report of a subject who was injured on Elm St.
 10:43 pm: Report of threatening text messages received on Timblin Dr.

Ambulance Calls



On September 9, Kewaskum Rescue was dispatched in the Village of Kewaskum for a person that needed a transport. A transport was made.
 On September 10, Kewaskum Rescue and Boltonville First Responders were dispatched to the Town of Farmington for a motor vehicle accident. No transport-

was made.

On September 12, Kewaskum Rescue was dispatched to the Town of Auburn for a person that fell. A transport was made.

On September 13, Kewaskum Rescue was dispatched in the Village of Kewaskum for a person the fell. A transport was made.

11:54 pm: Subject issued a warning for speed on Main St.

Tuesday, September 10

7:55 am: Officer checked the welfare of a resident on Parkview Dr.
 7:57 am: Officer issued three parking tickets at Kewaskum High School.
 10:26 am: Man issued citations for suspended vehicle registration and not having valid insurance on Fond du Lac Ave.
 6:00 pm: Assisted Kewaskum Ambulance with a call on Pleasantwood Dr.

Wednesday, September 11

8:55 am: Vehicle lock-out on Main St.
 1:20 pm: Instructed DARE at Kewaskum Elementary School.
 1:46 pm: Woman issued a warning for expired registration on Main St.
 1:46 pm: Woman issued a warning for speed on Main St.
 8:34 pm: Vehicle lock-out on Knights Ave.
 11:16 pm: Received report of a suspicious vehicle on Fond du Lac Ave.
 11:42 pm: Subject issued a warning for not wearing a seatbelt on Badger Rd.

KEWASKUM SENIOR DINING MENU

Meadowcreek Complex
 262-483-2056

Monday, September 23 -- Chicken breast in wine sauce with mushrooms, parslid potatoes, carrot coins, multigrain bread, cherry pie. Alt: diet pie.

Tuesday, September 24 -- Swedish meatballs over rotini noodles, broccoli florets, cubed watermelon, whole wheat bread, oatmeal raisin cookie. Alt: diet cookie.

Wednesday, September 25 -- Pot roast, twice baked mashed potatoes with gravy, brussel sprouts, nine grain bread, birthday cake, chocolate milk. Alt: chilled pears.

Thursday, September 26 -- Ring bologna, au gratin potatoes, baked beans, pumpnickel bread, lemon bar. Alt: diet pudding.

To make reservations, please call (262) 335-4497 or 1-877-306-3030, one day in advance by noon.

TUESDAY NIGHT SHEEPSHEAD WINNERS

Five handed winners on Tuesday, September 10 were: Leroy Jaeger, 73-9-64, 22-5-17; Bob Kaufmann, 75-13-62, 19-7-12; Sylvester Stern, 65-8-57, 22-5-17; Dick Techtmann, 63-11-52, 19-7-12; Dave Dayton, 51-3-48, 20-2-18; Delores Stoffel, 50-2-48, 17-1-16; Scott Stern, 18 most losses; Jerry Rosenthal, -2 low points.

The next five handed call-an-ace will be September 24 at 7:30 p.m. sharp.

XYZ CARD RESULTS

The winners at cards played at the Municipal Building Annex on Wed., September 11 were:

SHEEPSHEAD: Ray Krueger, Darlene Schaub, Richard Ebert, Fern Kreif, Eileen Petri, Judy Lickman, Diane Stern.

New members are always welcome. Cards are played from 8:30-11:15 a.m. every Wednesday.

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The Washington County Sheriff's Department is seeking:



Name: Udelvina Maria Sargent
 Age: 26
 Race: White
 Sex: Female
 Height: 5'9" Weight: 155
 Hair: Brown Eyes: Brown
 Last known address: Germantown
 Warrant Entry Date: 9-9-13

Wanted for second degree reckless injury.

Anyone with information on this person's whereabouts should call the Washington County Sheriff's Department at 262-335-4411 or Washington County Law Enforcement Tip Line at 800-232-0594. Residents should not attempt to apprehend this suspect.

Birth Submission Policy

We encourage our readers to submit their own birth announcements in a timely matter. All birth submissions must be legibly written or preferably typewritten. Photos can also be submitted at no charge and are encouraged. Actual photos as well as digital jpeg or tiff files are recommended. Information should include, name of child, name of parent(s), residence, height, weight, siblings/ages, grandparents - maternal and paternal. Submitter must provide a name and telephone number where he/she can be reached.

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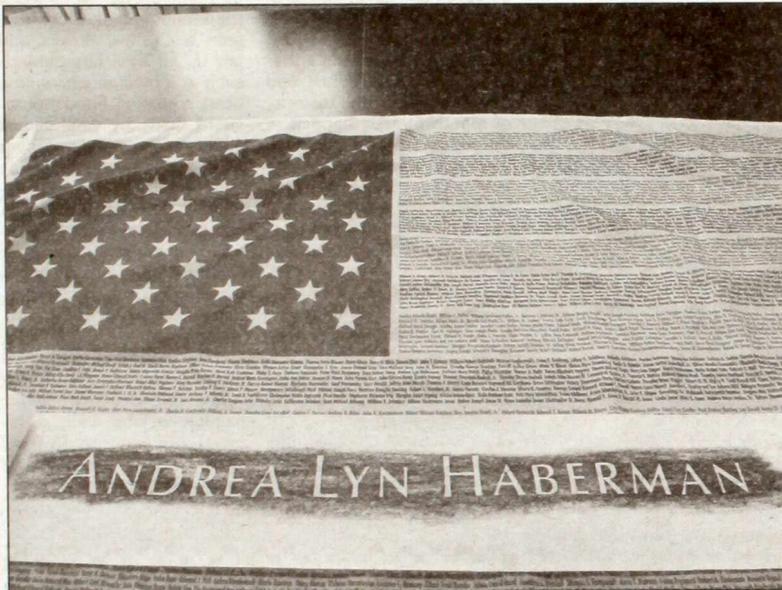
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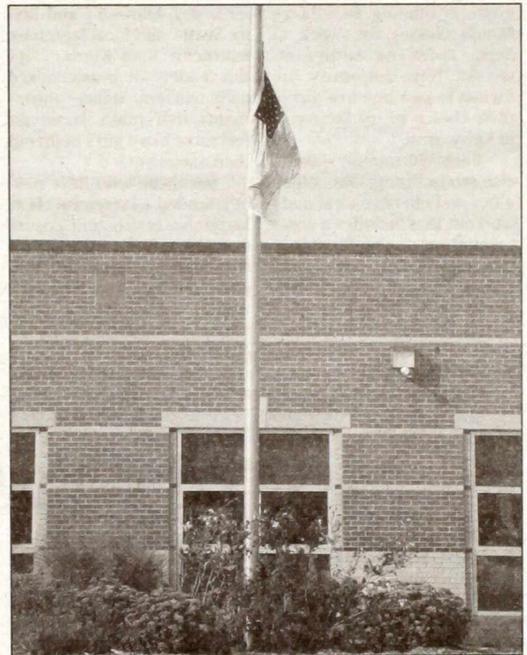
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KHS flies Flag of Honor on September 11 for former student lost in 9/11 attacks



KHS Teacher Jerry Gosa took a rubbing of Andrea Haberman's name from the 9/11 memorial in New York. It's shown against the Flag of Honor, near Habermann's name on the flag.



The Flag of Honor is flown at half mast in front of Kewaskum High School on, September 11. The flag was flown in remembrance of KHS alumni Andrea Habermann.

By Amy Kumrow
Statesman Correspondent

Kewaskum High School flew the "Flag of Honor" at half-mast for the first time on Sept. 11. Jerry Gosa, chemistry instructor, purchased the flag while on vacation this summer believing that day shouldn't be forgotten, especially for the loss of Andrea Lyn Haberman, a 1994 KHS graduate.

"Every one of these people was somebody's son or daughter, husband or wife, aunt or uncle. They belonged to somebody," Gosa said. "It isn't just a number of people that died. They are real people that had real names and a real life."

He and his wife, Mary, visited the 9/11 memorial in New York City and purchased a cotton "Flag of Honor" which lists the names of all the victims of the 9/11 attacks in the stripes. The names include those on the planes, the pentagon and World Trade Center 1 and 2.

The memorial is a set of reflecting pools located on the original site of the twin towers. Around the edges, the names of the victims are engraved. Gosa took a rubbing of Andrea's name to bring back to Wisconsin.

"After we toured the 9/11 Memorial the first time, we went to the gift shop on the way out, and we saw the flag, so we bought one," Gosa said, "After we came back home, I said to myself, we should really, out of respect and memory of all of 9/11, buy a flag that could be flown at the school."

He later purchased two nylon versions of the flag-one for KHS and one for his son, David, who teaches in Chil-

ton.

Gosa discussed flying the flag with KHS principal, William Loss, who didn't even know such a flag existed, but liked the idea.

"I think anything we can do to recognize Patriot Day, which a number of years ago was a vivid memory for many adults, as well as students, has now become more of a historical lesson for students," Loss said.

Many of the current seniors were five when the attacks occurred, so they have no memories of the event. Freshmen were only two. Most adults would be able to

tell you where they were when they found out about the attacks.

Gordon Haberman, father of Andrea Haberman, said he didn't know about Gosa's purchase, "It's wonderful that he did that."

John Michelotti created the flag while watching the news reports covering the aftermath of the attack. Since the flag's creation, Michelotti had revised the flag when new victims were identified.

For an anniversary exhibition in 2011, one flag per victim was flown in Battery Park, New York. "It's something to see three thousand flags,"

Haberman said.

The flag has been secured in storage and will be flown next year. Former Kewaskum teacher, Larry Ammel and a group of residents are working on bringing a piece of steel from the twin towers, currently in Milford, Conn., to Wisconsin.

"I think it is incumbent upon us as an educational institution to make sure our students understand and recognize the events that have taken place in our history and how those events, which

sometimes seem so distant, can actually strike pretty close to home," Loss said. "Clearly it did with loss of life from one of our community members."

Those interested in purchasing a flag can visit www.flagofhonor.org.

The Statesman will soon feature an update on the piece of steel from the World Trade Center that has been secured in remembrance of Andrea Habermann. Both Ammel and Gosa had Andrea as a student while teaching at KHS.

Photo courtesy of William Loss

Statesman photo by Amy Kumrow

GRAND OPENING

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2 of A Kind
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Jazzercise offers complimentary fitness classes during free days Sept. 23-29

Who said nothing in life is free? Jazzercise, the world's leading dance fitness program, is offering free dance fitness classes the week of Sept. 23-29, no strings attached. New customers are invited to pick one free day of their choice to try Jazzercise in Kewaskum.

Each 60-minute Jazzercise group fitness class offers a fun and effective total body workout that includes a combination of dance, resistance training, Pilates, yoga, kickboxing and Latin-style movements set to today's popular hit music. Jazzercise participants can burn up to 600 calories per class.

"Walk into a Jazzercise class on any given day and you could hear Pitbull, Jennifer Lopez, Maroon 5 and Taylor Swift," said local Jazzercise instructor Kate Korth. "It's this variety of music mixed with current dance movements that make Jazzercise feel more like a girl's night out than a workout."

For those who have never attended a Jazzercise class, Jazzercise instructors ensure customers don't miss a beat with step-by-step instruction and technique tips. New customers can learn the basic moves at home by clicking "Learn the Moves."

Free Days participants

can take advantage of a 50% off joining fee offer with electronic auto payment sign-up after the free trial. Current customers who refer a friend during Free Days receive \$20 cash when their friend registers. Free Days is valid at participating locations worldwide to customers who have not attended class in six months or longer.

Jazzercise in Kewaskum is located at Hon-E-Kor Country Club, 1141 Riverview Dr. For further information and a class schedule, go to jazzercise.com or call (800)FIT-IS-IT or 262-689-0990.

Like your teeth? Wear a mouthguard!

What sports have the most dental and mouth injuries? If you answered football or hockey, you would not be correct. Because it has been mandatory to use mouthguards in youth and high school football, lacrosse, and ice hockey, these sports have seen a dramatic decline in dental and mouth injuries. The majority of mouth injuries happen in the popular sports of baseball, basketball, soccer, softball and field hockey. These sports lag far behind in mandating the use of mouthguards and consequently see a larger number of injuries.

The American Dental Association estimates there are 1.2 million sports-related dental injuries each year. The National Youth Sports Foundation for Safety contends that an athlete is 60 times more likely to sustain a dental injury when not wearing a mouthguard. Some injuries are quite

unusual, such as the basketball player who snagged his front teeth in the net while doing a slam dunk.

Many dental injuries can be easily prevented by wearing a mouthguard, which protects teeth, lips, cheeks, and jaw if hit by a large object; such as a ball, an elbow, or a head. A custom-fitted mouthguard made by your dentist adapts more closely to your teeth, giving a better and more comfortable fit than ready-made mouthguards found in sporting goods stores. Custom mouthguards also offer a more uniform thickness, which offers superior protection for your teeth and mouth.

Ask your dentist if he or she can make a custom-fitted mouthguard for you or your young athlete. Remember, damage to your teeth is forever. Protect your smile. Wear a mouthguard for all sports practices and competitions.

Letters to the Editor

To the Parents of the Kewaskum School District Community:

As you may be aware, KSD administers two voluntary surveys to students in grades 6-12 in alternating years (notices are sent to parents regarding same). They are the YRBS (Youth Risk Behavior Survey) and the ASSET Survey. Per board policy #333 "Parents Rights and District Program Activities", you as parents/guardians may inspect these surveys by making a request in writing to the building principal or designee, and such request shall be responded to in a timely manner.

Realizing how busy families are today and with technology being so efficient, I would like to inform you the YRBS survey can be viewed online at: http://www.cdc.gov/healthyyouth/yrbs/questionnaire_rationale.htm.

The ASSET survey is distributed by the nonprofit organization called Search Institute. They retain a copyright on their product yet parents can obtain the survey questions by contacting your child's respective school facility.

SBIRT (Screening, Brief Intervention, and Referral to Treatment) was administered to all 10th grade students this past school year by the Council on Alcohol and Other Drug Abuse (AODA). Given that this intervention screening may result in a referral for treatment, all parents of students participating should be made aware of State of Wisconsin Chapter DHS 92, Confidentiality of Treatment Records: Note: Section 42 CFR 2.14 (b) provides that a minor under state law can obtain treatment for alcohol and/or drug abuse without parent or guardian approval, as under ss. 51.47, states, only the minor's consent is required for disclosure of information from records of treatment, provided the minor is 12 years of age or older.

Because of controversial questions asked in the two surveys, my sole intention is to ensure parental awareness these activities are occurring and if you feel your child is equipped

to participate.

Respectfully,
Grace Mueller
Kewaskum School Board

Dear Editor-

Political parties have changed many times in our country's history. From Federalists to Jeffersonian Republicans to Democratic Republicans to Whigs to Democrats and to Republicans. Anyone with a lick of knowledge (perhaps with a solid public education rather than a history lesson from corp. sponsored one sided opinionated with a lack of opposing viewpoint and an actual debate talk radio) would acknowledge that.

Those political parties have also changed their ideals and agenda overtime. The northern states [free states] and southern states [slave states for cheap labor] have also had opposing agendas within their own political parties. The Republican party started changing it's stance after the "New Deal" of FDR (socialism they would call it).

Since the 60's the two main political parties that remain have remained fairly constant in their agenda's and platform (primarily because of instant widespread TV, newspaper and now internet media). Although Byrd a KKK member voted against the 65 civil rights act, he voted in favor of the 68 act changing his stance and remaining a Democrat.

The southern states which brought forth Jim Crow laws changed their political party to Republican solely because of the civil rights act. People like Strom Thurmond and Jesse Helms switched their political party and followed the lead by Republican Barry Goldwater which set the new platform for the modern Republican party.

Those same Jim Crow laws designed to prevent some minority and poor groups from voting [poll taxes, literacy tests and residency and record keeping] are being pushed today by the same racist cheap labor people that have switched political parties.

The founding leader of the

group ALEC Paul Weyrich in a speech in Dallas in 1980 stated this, "Many of our Christians have what I call the goo goo syndrome, good government. They want everybody to vote. I don't want everybody to vote... As a matter of fact, our leverage in the elections quite candidly goes up as the voting populace goes down." This can be seen on "you tube" which was attended by Ronald Reagan.

I find it interesting that someone like Kougil would embrace the views of southern slave states that were once southern Democratic views. As for Kougil's interpretation of a "liberal" media, again he lacks basic fundamental knowledge. The media in this country is owned by six huge billion dollar "for profit" corporations. Their main agenda is profit, but some people are easily swayed by propaganda. Keep up the fine work Bob.

Vaya Con Dios
Vance Reif

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Class Schedule

Monday: 4:15pm, 5:45pm

Tuesday: 8:30am, 5:45pm

Wednesday: 4:15pm

Thursday: 8:30am, 5:45pm

Friday: 8:30am

Saturday: 8:30am

Bring a mat, weights, & H2O!

SEPT. 23rd - 29th

For more info:

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katekorth@gmail.com

Kewaskum sees convenience, familiar faces at Hometown Pharmacy



Familiar faces greet customers at Froedtert Health Hometown Pharmacy. From left to right, Linda Kirst - Pharmacy Technician, Tamara Ravn, PharmD - Pharmacist and Sherry Cullen - Pharmacy Technician.



A view of the interior of Froedtert Health Hometown Pharmacy in the Kewaskum Mall. The pharmacy offers an array of cards, gifts, candles, supplements in addition to prescription medication.

By Gay Griesbach

Statesman Correspondent

Froedtert Health Hometown Pharmacy hosted a grand opening celebration at its new 1,800 square foot location in the Kewaskum Mall June 21 and 22.

In March 2012, Kewaskum was left without an independent pharmacy and residents and approaching local health care providers were dismayed to find that a simple prescription now required travel to

other communities.

Dan Strause CFO of Hometown Pharmacy said a unique partnership between Froedtert and Hometown that developed two years ago at the West Bend Clinic campus now provided an opportunity in Kewaskum.

To keep continuity of service and a friendly face behind the counter, Hometown hired the staff from the former Aurora pharmacy.

"We want folks who are ingrained in the community and are passionate about

delivering patient care," said Strause. "Our intent is to operate a store for decades, not six months."

"With medication getting more complicated, it's critical to have a home pharmacy where employees know our (consumer) families and they know our families. We can offer care in a more personal sense," says Tamara Ravn, a 2002 graduate of the University of Wisconsin-Madison School of Pharmacy and managing pharmacist for the Kewaskum location. "We are

problem solvers in each situation to make sure you get the best medication for the dollar," says Ravn.

"We can outcompete with the big chains as far as overall cost and can pass (that savings) along to patients," Strause said.

In addition to being a convenient place to pick up prescriptions, the pharmacy offers greeting cards, Beanpod candles, Willow Tree angels and other gifts, a wide range of natural care products, vitamins and an extensive line of

Statesman photo by Andrew Kuehl

over-the-counter medications and supplies.

Hours for Froedtert Health Hometown Pharmacy are: Monday - Friday: 9 a.m. - 6 p.m.; Saturday: 9 a.m. - 1 p.m. 901 Fond du Lac Ave., Kewaskum
Phone: (262) 477-1700
www.hometownpharmacywi.com/kewaskum
Facebook: facebook.com/froedterthealthhometown-pharmacykewaskum

Community is invited to take part in homecoming parade

Kewaskum High School is changing up their Homecoming Parade to allow more community involvement. This year's parade will take place Friday, Oct. 4.

"We would like to invite area businesses, organizational groups, and alumni to participate in the parade as well - whether it's through building a 'class of' float, walking with a banner, or driving a company vehicle as part of the parade, we'd love to increase community involvement," teacher Tiffany Wilson stated.

The homecoming committee needs to know who is participating by Sept. 27 so that the organization can be ready for the parade.

Wilson says the time of the parade has changed. "The start time of the parade has been moved from 5 p.m. to 4:30 p.m."

The parade will still organize in the back parking lot of KHS and will follow the same route as in years. As homecoming festivities are planned, The Statesman will announce the events the community is invit-

ed to take part in.

Those with questions can contact the high school at (262) 626-8427.

Call the Statesman for all your advertising needs
262-626-2626

Heavenly Hands Therapeutic Massage, LLC
\$35 for an hour massage
 Gift Certificates Available •• Open 7 Days A Week

1/2 hour - \$20
1 hour - \$35
1.5 hours - \$50
2 hours - \$65
90 min. Hot Stone - \$60

206 N. Fond du Lac Ave.,
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 262-305-6012

Peach trees for sale

Boltonville area Call Dennis at 262-388-5889.
\$50.00 each.

Cute little girl not included.

*** September Special ***
For New Patients

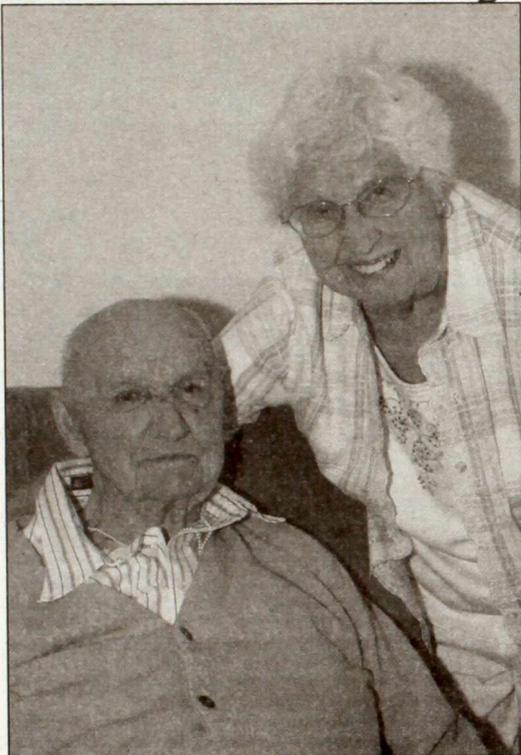
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Bring this Ad to Your September New Patient Exam, X-Rays, and Cleaning and Receive a FREE Sonicare® Toothbrush

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 Family Dentistry

Stephen R. Van Ess, DDS
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65th Anniversary *Campus Notes*



Walter and Phyllis Bade of Kewaskum celebrated their 65th wedding anniversary on September 8. The couple was married in the First Congregational Church in Lake Mills in 1948.

Walter taught for 39 years in the Kewaskum School system. He started the physical education department in 1950 and coached for 25 years.

Phyllis stayed at home raising their five children, Judy (Rich) Rousch, Barbara (Kevin) Strand, Karen (Mark) Dezso, David (Susan) and Sue (Dan) Chesak. They have seven grandchildren and one great-granddaughter. Phyllis was very active in the community, especially their church, Peace United Church of Christ.

Both are graduates of the University of Wisconsin.

They have resided in Kewaskum since 1950.

They celebrated the occasion with a small family gathering.

The University of Wisconsin-Madison has recognized students named to the Dean's List for the spring semester of the 2012-2013 academic year.

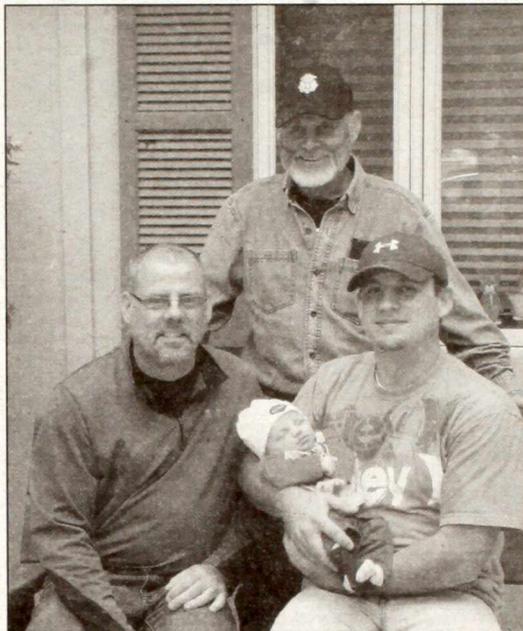
Students who achieve at a high level academically are recognized by the dean at the close of each semester. To be eligible for the Dean's List, students must complete a minimum of 12 graded degree credits in that semester. Each university school or college sets its own GPA requirements for students to be eligible to receive the distinction. Most call the honor "Dean's List", but some grant the "Dean's Honor List" and "Dean's High Honor List."

Local students include:
KEWASKUM: Roxanne Etta, School of Human Ecology, Dean's Honor List; Crystal Farrand, School of Education, Dean's List; Zachary Knoeck, College of Letters and Science, Dean's List; Heather McElhatton, School of Education, Dean's List; Rachel Ogi, School of Education, Dean's List; Lindsay Schneider, College of Letters and Science, Dean's List and Megan Theisen, College of Agricultural and Life Sciences, Dean's List.

CAMPBELLSPORT: Tiara Luckiesh, College of Letters and Science, Dean's List; Josh Mueller, College of Engineering, Dean's Honor List; Nathan Seitz, School of Education, Dean's List; Gregory Wilke, College of Agricultural and Life Sciences, Dean's List and Victoria Ziebert, College of Agricultural and Life Sciences, Dean's List.

WEST BEND: Hanna Gundrum, School of Education, Dean's List; Matthew Meisenheimer, College of Agricultural and Life Sciences, Dean's List; Zachary Walters, College of Letters and Science, Dean's List; Jennifer Wenzlaff, School of Human Ecology, Dean's Honor List; Lindsay Wenzlaff, School of Education, Dean's List.

Four Generations



Shown above are four generations of the Hug family. Front row, grandfather Tim Hug, father Joey Hug holding Brayden Myles Hug and back, great-grandfather Larry Hug.

HAPPY BIRTHDAY

- Sept. 19: Jordan Gosdeck
- Sept. 21: Dennis Westerman Jeff Priesgen
Norm Kufahl Charlene Barutha
- Sept. 23: Laurie Hatch
- Sept. 24: Diane Jaeger Kayla Goslinowski
- Sept. 25: Shirley Wiedmeyer

Birthdays will no longer be carried over on an annual basis.
 All birthdays must be called in yearly

To have a birthday announced on the Community Bulletin Board
 Phone - 262-626-2626 Fax - 262-247-0610
 or E-mail - nicole@thestatesmanwi.com
 There is a deadline 3 pm Monday for Thursday publication.

Pat McCurdy

Friday, September 27

Fillmore Fire Department

8485 Trading Post Tr.

7:30-9 pm - Bob Bonefant will play the hits

9-11 pm - Pat McCurdy

11 pm - 12 am - Bob Bonefant will play the hits

Tickets \$10 advance;

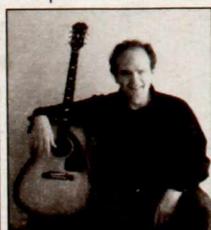
\$12 at the door.

Contact Huntz Guttman for more info or to purchase tickets (262) 483-0309.

Food & drinks available.

Doors open at 7 pm

This program is for mature audiences only.



Kewaskum High School

Class of 1983

30th Class Reunion

Sat., Oct. 5, 2013

Jug's Hitching Post

For more information contact Mary Livingston at marylivingston1@gmail.com or Dawn Weiss at sdweiss@wildblue.net

We are still looking for the following class members:

- | | | |
|-----------------------|--------------------|------------------------|
| Heidi Hamilton Edgar | Timothy Johnson | Bonnie Verhunce |
| Gerald Eisenmann | Sheri Kemper | Dan Voss |
| Sue Standish Schuette | Dawn Klein | Brenda Weissner |
| Mary Spurgat Paul | James Lewis | Bonnie Wilhelmi |
| James Armstrong | Beth McCann Butts | Darain Wodsedalek |
| Roger Batzler | Larry Neumann | Rick Standish |
| David Bielinski | Joe Newhauser | Russ Katzenberger |
| Sherry Clark Gavin | Kathy Roach Reader | Curtis Prescott |
| Heidi Flasch | Brian Skrentny | Regina Duley Ruplinger |

Interfaith Caregivers' tea party October 13

Interfaith Caregivers of Washington County's Annual Tea and Celebrity Waiter Challenge has earned a reputation for being both elegant and fun, and more importantly, the event raises much-needed funds to help serve seniors in our county with transportation to doctor visits or the grocery store, and help around the home, such as shoveling or yard work.

"The annual fall tea event is crucial for Interfaith Caregivers of Washington County. It is our largest annual fundraiser, helping to ensure safe, reliable and free transportation for Washington County's

seniors to important medical appointments and provide critical help when they need it most," says Brydie Hill, Executive Director of Interfaith Caregivers of Washington County.

This year's event will be held at the West Bend Mutual Prairie Center on Sunday, October 13, 2013 from 1:30 - 4:00 p.m. Each "Celebrity Waiter" will serve beverages, platters of sandwiches and desserts to one table of guests. The waiters also participate in a friendly challenge to see who can raise the most tip money.

Each year the Annual Tea and Celebrity Waiter Chal-

lenge has a different theme. This year's "Texas Tea" will feature décor and the feel of the Old West. Guests will enjoy western themed refreshments, a silent auction, entertainment and the opportunity to make a difference in the life of Washington County seniors.

Interfaith Caregivers of Washington County is a not-for-profit network of volunteers who provide assistance to help maintain the independence of Washington County residents aged 60 and better, including transportation, light housekeeping, yard maintenance, meal preparation and personal visits.

UWWC Ballroom Dance Club plans fundraiser

The UW-Washington County Ballroom Dance Club is sponsoring a concert fundraiser, featuring the Roller Mills String Band at 7pm on Saturday, September 21 in the campus theatre. All proceeds will benefit the West Bend and Jackson Community Thanksgiving Dinner.

Admission to the string band concert is free, with a \$10 donation suggested. Parking is free.

UW-Washington County is located at 400 University Drive (off Hwy. 33 West) in West Bend.

The Roller Mills String band is a local four-member ensemble that performs traditional as well as old time music with a focus on the hammered dulcimer. Band members include Jim Burch (fiddle), Charlie Malec (bass), Mike Stern (guitar) and Dale Palecek (dulcimer).

The Community Thanksgiving dinner effort was started over five years ago and thanks to the help of many volunteers and the generosity of the community continues to grow each year. Proceeds from this concert will help provide a delicious Thanksgiving meal at several locations in Washington County to those in need.

Visit Cedar Valley for Basic Jewelry Design

Join Cedar Valley, 5348 County Road D in West Bend, on Saturday, Oct. 5 from 10 a.m. to 4 p.m. for a Basic Jewelry Design class. Following an initial demo, participants will have the opportunity to design

their own earrings, necklaces, bracelets and more! Basic supplies will be included, or bring along pieces to incorporate into the jewelry such as broken jewelry to recycle. Upgraded supplies will be available for purchase.

The class is led by Karen Hartman, a Native American educator, who brings a wealth of knowledge and experience. She is a speaker and a publisher.

The cost is \$49 per person which includes lunch and basic jewelry making supplies.

For more information or to register for the event, visit cedar-valley.org, call 262.629.9202 or email cvcinfo@cedarcommunity.org.

Overnight accommodations and spa services are also available if scheduled in advance, for an additional fee. Call for details.

Cedar Valley, a division of Cedar Community, is nestled in the Kettle Moraine on 100 acres and features 24 overnight guest rooms and conference rooms with spa services, a country-styled dining room and homemade meals. Cedar Valley is a great getaway location for personal use, business and religious retreats and family reunions. For more information on Cedar Valley, visit their website at cedar-valley.org.

Caregiver training

An educational training class for caregivers of family and friends will be offered through a six-week series being held on Wednesdays, October 16, 23, 30, November 6, 13, 20, 2013 - 2:30 - 4:00 p.m. Classes will be held at the United Way Resource Center, 1121 E. Sumner Street, Hartford (located directly across from the Aurora Medical Center).

Powerful Tools for Caregivers is an educational program designed to provide you with the tools you need to take care of yourself. You will learn to reduce stress, improve self-confidence, better communicate your feelings, balance your life, increase your ability to make tough decisions, and locate helpful resources. A donation of \$15.00 per person is being asked to cover the cost of books and materials. Scholarships are available. Pre-registration is required on a first come first served basis. Limited space is available. Caregiving for your loved one during the classes provided upon request. For further information call the Aging & Disability Resource Center of Washington County 262-335-4497.

Community Events

SEPTEMBER 21 - EIGHT LEGS AND SILK EXPLORING NATURE PROGRAM - 10:00 - 11:30 am, Ice Age Visitor Center. Spiders are found in almost every environment on earth. Untangle some cool facts about these silk spinners. This program is best for families/groups with children between the ages of 6 and 12 years.

SEPTEMBER 26 - THE BEREAVEMENT SUPPORT GROUP FOR PARENTS WHO HAVE LOST A CHILD will be holding a meeting on Thursday, Sept. 26, at 7 p.m. at the Lester and Shirley Simon home, 311 Windell Ave., Campbellsport. If you have any questions, comments or concerns, call 533-8764 or 920-979-8704.

SEPTEMBER 28 - LIFE DOWN UNDER EXPLORING NATURE PROGRAM - 10:00 - 11:30 am, Ice Age Visitor Center. Watch your step! A whole world exists just under our feet. Help us unearth the creatures that live down under the leaves, the grass and the soil. This program is best for families/groups with children between the ages of 6 and 12 years.

THE 39TH ANNUAL HOLY HILL ARTS & CRAFT FAIR

Sat. Sept. 21, 2013, 10 a.m. - 5 p.m.

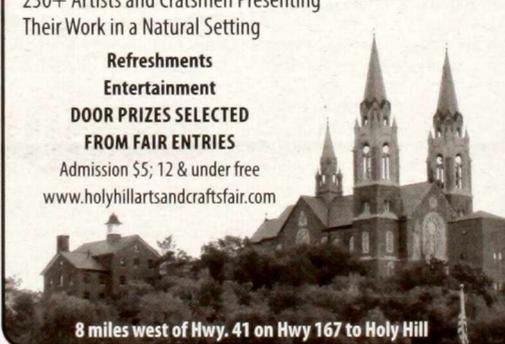
Shuttle Bus Service from and to parking

230+ Artists and Cratsmen Presenting
Their Work in a Natural Setting

Refreshments
Entertainment

DOOR PRIZES SELECTED
FROM FAIR ENTRIES

Admission \$5; 12 & under free
www.holyhillartsandcraftsfair.com



8 miles west of Hwy. 41 on Hwy 167 to Holy Hill

St. Michael's Fall Festival

Corner of Hwy. 28 East & Forest View Rd. 3 Miles east of Kewaskum

Sunday, September 29, 2013

Polka Mass at 9:00 a.m.
with The Goodtime Dutchmen

Turkey & Roast Beef Dinner
Served 10:30 a.m. - 2:30 p.m.
Adults - \$9.50 Children under 12 - \$4.50
Under 4 - FREE
Carryouts available for 50¢ extra

Refreshments - Games - Bakery
Pedal Pull - Silent Auction

Afternoon music by Carol & The Keynotes

St. Matthew's Parish

FALL FESTIVAL

Main Street, Campbellsport

SUNDAY, SEPT. 15

**FAMILY STYLE HAM AND TURKEY
SIT DOWN DINNER**

with our FAMOUS DRESSING

LARGE VARIETY OF HOMEMADE DESSERTS

Serving Sunday 10:00 am - 2:00 p.m.
Adults \$9.50 Children 4-10 \$5.50 and under 4 are Free
CARRY OUTS available

SUNDAY MASS AT 9:00 AM
Festivities will begin after the 9:00 Mass

Enjoy Crafts, Personalized Christmas Ornaments,
Games, Fresh Bakery Booth, BINGO
Brats and Burgers, Refreshments

LIVE MUSIC BY JIM VOLLMER
Performance by St. Matthews "Chipmunks"
Summer Dance Team

RAFFLE DRAWING
WILL TAKE PLACE AT 3:00 AT THE FESTIVAL

FIRST PRIZE: \$2000 in Cash
SECOND PRIZE: \$750
THIRD PRIZE: \$500
PLUS MANY OTHER PRIZES

RIVER FALLS

Plastic Surgery

Rucker MD Plastic Surgery Clinic... 800.456.8222
Joseph W. Rucker Jr., MD, FACS

SHELL LAKE

Cardiology

Eau Claire Heart Institute 715.831.4444
Mahmoud Sharaf, MD

Family Medicine

Shell Lake Clinic 715.468.2711
Jeffrey Dunham, MD Jamie Lea Bell, PA-C
Allan Haesemeyer, MD Eydie Farrow, FNP
Eugene Rigstad, MD

General Surgery

Kenneth Garrison, MD, SC 715.468.2711

Orthopedic Surgery

Chippewa Valley Orthopedics
& Sports Medicine 800.322.1747
Troy Berg, MD Joseph Cotton Jr., PA-C
Jose Padilla, MD

Podiatric Medicine

Foot & Ankle Clinic 715.468.2711
Greg Mack, DPM, FACFAS

Urology

Western Wisconsin Urology 715.835.6548
Christopher Tornehl, MD

SIREN

Family Medicine

Shell Lake Clinic 715.349.2910
Jeffrey Dunham, MD Jamie Lea Bell, PA-C
Allan Haesemeyer, MD Eydie Farrow, FNP
Eugene Rigstad, MD

SPOONER

Dermatology

Parkinson Dermatology, SC 715.635.3766
Katherine Parkinson, MD
Melanie Potaczek, PA-C

Orthopedic Surgery

Branham-Healy Orthopedic Clinic 715.234.9018
Roger Branham, MD
Patrick Healy, MD

Urology

Western Wisconsin Urology 715.835.6548
David Katz, MD

STANLEY

Endocrinology, Diabetes & Metabolism

Eau Claire Medical Clinic
..... 715.839.9280 / 800.972.6569
Aron Adkins, MD

Ophthalmology

Chippewa Valley Eye Clinic, Chippewa Falls
..... 715.723.9375
Jeffrey Brown, MD Terrence McCanna, MD

Orthopedic Surgery

Chippewa Valley Orthopedics
& Sports Medicine 800.322.1747
Brent Carlson, MD
Adam Burmeister, PA-C
Timothy Mess, PA-C

Pain Management

Chippewa Valley Orthopedics
& Sports Medicine 800.322.1747
Carol Sue Carlson, MD

Physical Medicine & Rehabilitation

Chippewa Valley Orthopedics
& Sports Medicine 800.322.1747
Carol Sue Carlson, MD

Podiatric Medicine

Chippewa Valley Orthopedics
& Sports Medicine 800.322.1747
Annette Caporusso, DPM

Foot & Ankle Clinic 715.644.5571
Joel Kowski, DPM, FACFAS

Urology

Western Wisconsin Urology 715.835.6548
James Iwakiri, MD, FACS

WABASHA, MN

Urology

Western Wisconsin Urology 715.835.6548
Michael Hirsh, MD

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OAKLEAF

CoffeeTalk

Talks are Free. Call 715.839.9833

CoffeeTalk presentations are conveniently held in the lobby of
OakLeaf Surgical Hospital – 3802 W. Oakwood Mall Dr, Eau Claire
Reservations are requested as seating is limited.

Tuesday, September 24 6:00–7:00 pm



How a Healthy Lifestyle Can Lower Risks For a Variety of Eye Disease Including Macular Degeneration

Chris T. Buntrock, MD
Chippewa Valley Eye Clinic, LLC

MANopause – Treatment of Low Testosterone in Men

Christopher Tornehl, MD
Western Wisconsin Urology, SC



Tuesday, October 1 6:00–7:00 pm



Some “Handy” Information

John C. Berschback, MD
Chippewa Valley Orthopedics &
Sports Medicine Clinic, SC

Osteoporosis – New Treatment Options

Aron Adkins, MD
Eau Claire Medical Clinic, SC



Tuesday, October 22 6:00–7:00 pm



Neck Pain? Back Pain? Nothing Seems To Be Working? Minimally Invasive Spine Surgery May Be Right For You

Kamal Thapar, MD, PhD, FRCSC, FAANS
Wisconsin Brain & Spine Center

Sponsored by:



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SURGICAL HOSPITAL

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KEYS 5K

RUN & WALK
KEWASKUM
WISCONSIN

SUNDAY, OCTOBER 13, 2013 • 11:00 a.m. START

Kewaskum High School



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keys-scholarships.org



5K COURSE
3.1 Miles

8:30 - 10:00 a.m.

Packet Pick-up &
Race Day Registration

FREE KIDS RUN

Ages 7 & under - 12:00 Noon

Special Thanks To



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THE 20TH ANNUAL RUN,
KEYS IS OFFERING A
**PERFORMANCE
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Pre-Register by October 2, 2013 to ensure a T-shirt

INDIVIDUAL:

\$17 Pre-Registered
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PRIZES
Overall male and
female finishers
1st: \$100.00
2nd: \$75.00
3rd: \$50.00

**\$200.00
BONUS
for NEW 5K
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QUESTIONS?

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KEYS 5K REGISTRATION

Pre-Register by October 2, 2013 to ensure a T-shirt

Last Name _____

First Name _____

Address _____

City _____ State _____ Zip _____

Daytime Telephone Number _____

Email address _____

Age _____ sex M F shirt size Youth: S (6/8) M (10/12)

Adult: S M L XL XXL

Individual: \$17.00 Entry Fee includes T-shirt (\$25.00 day of event) XXL add \$2

*Your packet will be available for pick-up on race day.

Waiver: In consideration of my signing this agreement, I hereby for myself, my heirs and administrators assume any and all risks which might be associated with the Keys, Inc. Run/Walk. I waive any and all rights and claims for injuries or damages which I may have against the organizers and sponsors of this event...Keys, Inc., their representatives, successors and assigns for any and all injuries or damages of any kind whatsoever suffered by me as a result of taking part in the run and related activities.

Signatures (parent or guardian must sign if under 18)



Make checks payable to and mail to:
KEYS
P.O. Box 124
Kewaskum, WI 53040

Register in person at these locations:

**FROEDTERT & MEDICAL COLLEGE
OF WISCONSIN**
Kewaskum and West Bend Clinics

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KEYS KEWASKUM YOUTH SCHOLARSHIPS, INC.

KEYS, Inc. is a non-profit, all-volunteer organization. All proceeds and monies donated to KEYS are used directly to fund educational scholarships.

Obituaries/Days Gone By

SARAH M. BOETTCHER



Sarah M. Boettcher, 18, of the town of Kewaskum, passed away unexpectedly on Saturday, September 14, 2013, in Somerset.

She was born on August 24, 1995, in West Bend, the daughter of David and Yvonne (Preo) Boettcher.

Sarah was a graduate of Holy Trinity Catholic School in Kewaskum and a 2013 graduate of Kewaskum High School, where she was active in band, choir, musicals, plays and participated in tennis and soccer. Sarah was currently attending the University of Wisconsin - River Falls, where she was pursuing a degree in elementary education, and was a member of Holy Trinity Catholic Church in Kewaskum.

Sarah lit up the world with her beautiful smile and made friends with everyone. She will be deeply missed by her parents, her brothers, other family members and by all who knew her.

Those Sarah leaves behind to cherish her memory include her parents, David and Yvonne; two brothers, Tim Boettcher of LaCrosse and Michael Boettcher at home; her maternal grandfather, Edward Preo of the town of Scott; her paternal grandparents, Robert and Bernice Boettcher of West Bend; her aunts and uncles, Ann (Larry) Johnson of Kewaskum, Edward P. Preo of Appleton, Michelle (Bill) Jaeger and Debbie (Ron) Baumhardt both of Campbellsport, Dawn (Jerry) Wilson of Sun Prairie and Diane (Harry) Felberg of Hudson, many other relatives and numerous friends.

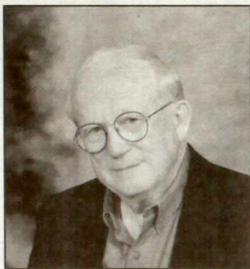
Sarah was preceded in death by her maternal grandmother, Judith Preo and a cousin, Mark Jaeger.

A Mass of Christian Burial for Sarah was held at 6:00 p.m. on Wednesday, September 18, 2013, at Holy Trinity Catholic Church in Kewaskum. Father Edwin Kornath officiated and burial was in St. Matthias Catholic Cemetery in the town of Auburn.

Sarah's family greeted relatives and friends at the church on Wednesday from 2:00 p.m. until the time of Mass.

The Miller Funeral Home in Kewaskum has been entrusted with Sarah's arrangements. Additional information and guest book may be found at www.millermartinfh.com.

WILLIAM F. 'BILL' O'MEARA



William F. "Bill" O'Meara, 92, of West Bend, passed away on Thursday, September 12, 2013, at The Lighthouse Assisted Living Facility in West Bend.

He was born on April 12, 1921 in West Bend, the son of the late Frank P. and Susan B. (Schoofs) O'Meara. Bill was a life-long resident of West Bend and was the third generation residing in the family home on Walnut Street. He was employed by Jeklin Shoe Store in West Bend retiring after 40 years of service.

Bill enjoyed a good conversation, a nice meal at a restaurant, being invited to one's home and shopping. He was always interested and enjoyed hearing what was going on in his friends lives. He was generous with his time and often remembered people with cards, gifts and phone calls to keep in touch. He was a good friend to many people spending many days and evenings visiting shut-ins, helping them by running errands or caring for an ailing friend. For many years, Bill remembered family and friends resting in area cemeteries by decorating their grave with a wreath, placing it before winter and retrieving it in the spring. One of his favorite churches to attend Mass was at Holy Hill. Bill was a member of St. Matthias Catholic Church in Nabob.

Those Bill leaves behind to cherish his memory include many cousins, dear friends and neighbors.

In addition to his parents, Bill was preceded in death by a brother, Roger (Hazel) O'Meara; a sister, Ruth O'Meara and a cousin, Adele Schoofs.

A Mass of Christian Burial for Bill was held at 10:00 a.m. on Monday, September 16, 2013, at St. Matthias Catholic Church in Nabob. Father Davies Edassery officiated and burial followed in Holy Angels Catholic Cemetery in West Bend.

Relatives and friends called at the Miller Funeral Home in Kewaskum on Sunday from 4:00 p.m. until 6:00 p.m. where a prayer service was held at 6:00 p.m. Visitation was at the church on Monday from 9:30 a.m. until the time of Mass.

Additional information and guest book may be found at www.millermartinfh.com

Special thanks and appreciation to the staff of The Lighthouse Assisted Living Facility, Serenity Hospice, Samaritan Health Center and

to Dr. Preisler for the tender care and compassion provided to Bill.

JOANN FRANCES GALLIGAN



JoAnn Frances Galligan (nee Serwe) of Campbellsport died Wednesday, September 11, 2013.

She was born March 28, 1941 in Campbellsport, the daughter of Mathias and Frances (nee Volz) Serwe. On November 14, 1959 she married Roy E. Galligan at St. Matthew's Church in Campbellsport.

JoAnn enjoyed playing and coaching softball as well as playing cards with friends and family. She enjoyed fishing and just spending time outside. She was a protector of chipmunks and created a home for them. She generously donated her time to crocheting afghans for others.

JoAnn is survived by her six children and sixteen grandchildren, Roy (Annette) of Fond du Lac and their children Tania, Ryan (Julianne), and Jared; Ann (Jim) McMullin of Bismark, AR and their children Stephanie (Wyatt), Samantha (Andy), Sierra (Brandon), Chance, Colton, and Cannon; Monica (Terry Krapfl) Galligan of Fond du Lac and children Gabrielle and Joseph; Lisa (Steve Ahrens) Galligan of Fond du Lac; Scot (Marcia) of Eden and children Bret, Bo, Bree and Patrick; and Theresa (Keith) Galligan-Amundson and daughter Sarah; four great grandchildren; sisters and brothers, Virginia Ruf, Frank (Pat) Serwe, Mathias (Janet) Serwe, Cyril (Pat) Serwe, and Kathleen (Ralph) Herriges; sisters and brothers in law, Gloria Serwe, Donna Serwe, Sally Serwe, Doris Way, Ruth Long, Genevieve (Melvin) Stoffel, and James (Jackie) Galligan, and many nieces and nephews.

Preceding JoAnn in death are her parents; her husband, Roy on May 10, 1981; her special friend of 25 years, Norman Beyer; her sisters and brothers, Rosemary, Jeanette, Catherine, Sylvester, Norman, Norbert and Gerald and numerous sisters and brothers in law.

Visitation will be held September 21, 2013 at Shepherd of the Hills Catholic Church, Eden, from 9 a.m. to 11 a.m. followed by a Mass of Christian Burial at 11:30 a.m. Cremation has taken place with inurnment to follow at St.

Matthew's Cemetery at a later date.

MARIE I. LANGENECKER



Marie I. Langenecker (nee Volm) was reunited with her beloved husband, Roman, on Sunday, September 8, 2013 at the age of 93.

Marie was born June 9, 1920 in the town of Wayne to the late Mathias and Mary (nee Mueller) Volm.

On September 1, 1945 Marie was united in marriage to Roman L. Langenecker at St. Bridget Catholic Church in the Town of Wayne.

Marie was a very active member of Resurrection Catholic Church (formerly Sacred Heart Catholic Church) where she was a member of the Christian Mothers Society. She was also a Meals on Wheels Volunteer in Allenton.

Marie was a devoted homemaker and farm girl at heart. She enjoyed her flowers, gardening, cooking, canning, baking, and crocheting. Marie was an avid Bingo player and

along with Roman, enjoyed dancing with their Polka dance club.

She was the loving mother of Ken (Donna Waddell) Langenecker of Fall River, Pat (Russ) Kirkpatrick of West Bend, Gene (special friend Julie Smerling) Langenecker of Oshkosh, Jim Langenecker of Kohlsville; and cherished her grandson, Robert (Sarah) Adjemian. She is further survived by a brother-in-law, Clem (Rosella) Langenecker; two sisters-in-law, Beulah Zingsheim and Mildred (Albert) Wolf; many nieces and nephews, other relatives and friends.

Marie was preceded in death by her parents; husband, Roman; a sister, Anna Ullrich; and two brothers, Carl Volm and Sylvester Volm.

A Mass of Christian Burial in remembrance of Marie will be held on Tuesday, September 24, at 12:00 Noon at the Resurrection Catholic Church, Allenton. Rev. Richard Stoffel will officiate and burial will follow in Sacred Heart Cemetery.

Visitation will be at the church on Tuesday, September 24 from 10:00 a.m. until the time of Mass.

Memorials to the Alzheimer's Foundation are appreciated by the family, but flowers are also welcome.

Myrhum - Patten Funeral Home, West Bend, is assisting the family.



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Results from Saturday, Sept. 7, 2013

Saturday, September 7 marked opening day for the Kewaskum Youth Soccer Organization's Fall Season. The club has grown to a total of 14 teams ranging from U-7 through U-14. The following is only a partial listing of team results from September 7 because of many games being cancelled due to thunderstorms:

The **U-7 Tigers** lost their first game against the more experienced Richfield Ninjas. The Tigers played tough till the end and adapted well to every situation of the game. Lidia Handke, Emily Duckwall and Brooklyn Carroll showed great determination and teamwork. The entire team improved throughout the game.

The **U-7 Cougars** quickly scored the first goal of the year against the Jaguars but unfortunately the game was canceled due to lightning after only a few minutes of play.

The **U-8 Bobcats** played the Hartford Dynamite. Hayden Johnson and Austin Jantz had two assists. Oliver Voight played an aggressive game. Jacob Parodo played a good defense. Johnson, Jantz, Isaac Morales, Elloit Kemp, and Caleb Finger all scored for the Bobcats. Great teamwork was displayed by all players, with the game ending in a win for the Kewaskum Bobcats.

The **U-10 Sharks** played an experienced Jackson Club and lost 13-0 in Kewaskum on Saturday. This is the first year this group has played together. They had some very good play from Elena Vlotho, Nina Schmidt and Ryan Buchel.

The **U-12 Girl Cobras** injected their venom against the West Bend YMCA. Emma Rolf single-handedly put the game out of reach by tying her scoring record of six goals. Ally Denman and Lilly Schlosser each added a goal. Nicole Butz was great in goal as she saved a penalty kick. Taylor Fisher kept a clean sheet in goal. Every player contributed in another fine display of control from start to finish. Kewaskum 8 - West Bend 1.

The **U12 coed Vipers** played the first half in Hartford before getting called off due to lightning. With a pass from Arianna Krueger, center forward Kaitlyn Leithieser was able to score the only goal and the Vipers were able to secure the win by getting the first half completed. Great defense by Conner Nelson, Abby Baumann, Andrew Bolek, and Trevor Geldnick were key factors in stopping Hartford from scoring.

Results from Saturday, Sept. 14, 2013

The **U-7 Kewaskum Tigers** played an aggressive game Saturday against the Hartford Avengers. The game resulted in a loss, with a score of 3-2. Goals were scored by Lidia Handke and Emily Duckwall. Great defensive effort was made by Andrew Reichert and Anthony Krebes.

The **U-7 Kewaskum Cougars** spent most of the day on defense playing against a good Hartford Mad dog team, they lost by 13 but the kids stuck with it and Tyler Kehres scored a last minute goal on a nice pass from Zachary Jacoby.

The **U-7 Kewaskum Lions** played the Erin Emeralds in Erin. Winning 3 to 1, with Marisa Strankowski scoring two goals and Madison Legate scoring the third. Nathan Vlotho and Riley Kuehl played good defense. All team members played very well.

The **U-8 Kewaskum Cheetas** began with a slow start but they soon found their energy and began passing and scored three times against the WC Vipers. Macy Fleischman scored her first goal, followed by a goal from James Martin, and the final goal for was made by Wyatt Tye.

The **U-8 Kewaskum Bobcats** traveled to Hartford to play the Heat. Kewaskum had an excellent passing game. Ethen Gaffney displayed good ball control. Austin Jantz had an assist to Isaac Morales for a goal. Others who scored were Hayden Johnson and Elliot Kemp. The Bobcats won 5-3.

The **U-9 Kewaskum Lasers** played their first game against the Hartford Goal Stoppers to a win of 3-2. The team worked well together, showing ability to support each other as demonstrated by Megan Roehrig scoring a goal after a beautifully placed assist from Sydney Wheaton. Kendra Schmitt and Rylie Dwyer had several drives at goal, with Kendra scoring early in the game. Noah Nanz played great defense and offense, scoring the Lasers final goal. Reid Amerling and Kate Butschlick were impressive with several well timed defensive moves. While Sarah Okrent, Mikaela Marquardt, and Hayley Butschlick protected the goal and kept the pressure on throughout the game.

The **U-9 Kewaskum Jets** made a difficult debut against the Jackson Bangles. Missing their top scorer due to an injury, the Jets had a hard time getting any balls in the net. Down 5-0 in the fourth quarter, the Jets made an exciting comeback with Dillan Steger scoring two goals and Kaidan Dieringer scoring one. The game finished with a disappointing loss of 6-3. Tessa Tennes showed a spectacular display as goalie in her first soccer game ever.

The **U-10 Kewaskum Stingrays** hosted the Hartford Cheetas this past Saturday. Brooke Buechler broke the ice with a great goal, and Sienna Derks played great defense and scored on a penalty kick to help secure a 3-1 win.

The **U-10 Kewaskum Sharks** played the Hartford Shockers Saturday at Kiwanis Park. The teams tied 1-1 in an intense game of very good goal play by both teams. Kewaskum goalies were Jordan Moericke and Elena Vlotho. Luke Baumann scored the goal.

The **U-12 Kewaskum Vipers** played in Erin and won 2-0. Goals were scored by Gannon Krueser and Kaitlyn Leithieser.

The **U-12 Girl Kewaskum Cobras** faced their toughest match yet on Saturday against a hand picked select team from Richfield. In a very tightly contested first half, Richfield scored first. The Cobras were relentless in their ambitions and scored five unanswered goals before conceding one late. The entire team played at a level unseen before and deservedly won the match. Andrea Butz netted her first hat trick of the season with Lilly Schlosser and Kennedy Adams each scoring magnificent goals. Kewaskum 5 Richfield 2-2.

The **U-14 Kewaskum Scorpions** played against the Hartford X-treme, with final score 6-0. Brenden Rice, Andrew Carlton and Colin DeYoung did an excellent job defending the goal as keepers. Luke Hupfer consistently placed the ball up to the offense, while Lucas Becker and Kirk Johnson demonstrated great defense. Hunter Schmitt, Tyler Gildemeister, Hunter Kuehl and Andrew Carlton put the points on the board. Tough award goes out to Chaz Dreher, taking a hard hit to his ankle. Great defense and offense demonstrated by all.

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SCHOOL DISTRICT OF KEWASKUM BOARD OF EDUCATION REGULAR MEETING KHS LIBRARY MONDAY, SEPTEMBER 23, 2013 6:00 P.M.

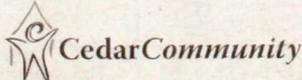
PROPOSED AGENDA

1. Call Meeting to Order – President Ramthun
2. Roll Call of Members
3. Moment of Silence
4. Pledge of Allegiance
5. Verification of Public Notice Pursuant to §19.84(1)(2)(3)(4)
6. Agenda
 - a. Corrections and/or deletions
 - b. Approval of Agenda
7. Adoption of Roberts Rules of Order and Parliamentary Procedure
8. Comments/Concerns: This is the time visitors and guests may address the Board.
9. Consent Agenda: All items under Consent Agenda are subject to action.
 - a. Approval of Minutes
 - i. September 9, 2013 Regular Meeting
 - b. Extra-Curricular Resignation
 - i. Scott Rhoads-KMS Assistant Wrestling
 - c. Extra-Curricular Hires
 - i. Justin Rhoads-KMS Head Wrestling Coach
 - ii. Jacob Cochran-Varsity boys Tennis Coach
 - iii. Mark Decheck-KMS Assistant Wrestling Coach
10. NEOLA and WASB Policy Services Presentation
11. Board Correspondence/Communications/Recognition
12. Community Engagement /Student Learning
13. Old Business: All items under Old Business are subject to discussion and/or action.
 - a. Approval of Policy Service (NEOLA or WASB)-Grace Mueller
 - b. Second Reading of Policies:
 - i. 760-Food Service Management
 - ii. 760AR-Free and Reduced Price Meal Application and Verification Process
 - iii. 674-District Credit Cards
 - iv. 658-Fixed Assets
14. New Business: All items under New Business are subject to discussion and/or action.
 - a. First Reading of Policies:
 - i. 834-Temporary Use of School Facilities (Revised)
 - ii. 834R-Temporary Use of School Facilities Rule (Revised)
 - iii. 170.2-Agenda Preparation and Dissemination (Re-nubered and Revised)
 - b. Ratification and Approval of the 2013-14 Collective Bargaining Agreement between the Kewaskum School District and the Kewaskum Education Association
 - c. Discussion of Authorizing Support Staff Wage Negotiations-All
15. Reports
 - a. Superintendent's Report-Mr. Smasal
 - i. Organizational Chart
 - b. Liaison Reports
16. Motion to go into Closed Session to discuss individual administrator compensation and support staff and teacher base wage negotiations under section 19.85(1)(c), Wis. Stats, considering employment, promotion, compensation or performance evaluation data of any public employee over which the governmental body has jurisdiction or exercises responsibility and section 19.85(1)(e) deliberating or negotiating the purchasing of public properties, the investing of public funds, or conducting other specified public business, whenever competitive or bargaining reasons require a closed session.
 - a. Negotiations
 - b. Personnel Issues
17. The Board will convene into Open Session to take action, if appropriate, on the item(s) considered in Closed Session and then adjourn.
18. Adjourn



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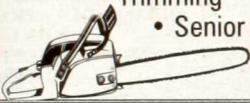
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MOVING SALE -- Corner hutch, cedar chest, exercise bike, dressers, recliners, book cases, knick-knacks, books and more. Saturday, Sept. 21, 8 am - noon. 1202 Riverview Dr., Kewaskum. 9-19-1p

Help Wanted

LIBRARY AIDE -- Lakeview Community Library, Random Lake. Duties include circulation duties, reader's advisory, reference, help with children and adult programming and general library operations. Flexibility to work some evenings, rotating Saturday hours is required. Position is for 20 hrs./wk at \$7.50/hour. Applications are available at the library at 112 Butler Street or on the library website www.lakeviewcommunitylibrary.org. Deadline for applications is September 27, 2013 5 p.m. Phone (920) 994-4825. 9-19-2p

IMMEDIATE OPENING -- Kids Clubhouse in Campbellsport is looking for a full-time two-year-old teacher. The perfect job for a retired teacher who still wants to work with children! High quality program! State of the art facility! Two or four year degree preferred. Send resumes: kidsclubhouse1@frontier.com. 9-12-2f

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TOWN OF FARMINGTON REQUEST FOR PROPOSAL CULVERT INSTALLATION

The Town of Farmington, Washington County, Wisconsin is seeking sealed proposals in the office of the Town Clerk, Chris Schellinger, 2171 County Road A, West Bend, WI 53090, on or before 4:00 pm, October 8, 2013, or at the Town of Farmington Town Hall, 9422 STH 144, Kewaskum, WI 53040, prior to the start of the Town Board meeting on October 8, 2013, which begins at 7:00 pm. Proposals will be publicly opened by the Board during this meeting. Sealed proposals requested for the installation of a new culvert to be installed: across Stand Hill Court, approx. 30 feet west of driveway for fire number 1387. Contractor to: cut asphalt, excavate trench, remove and legally dispose of asphalt and spoils from excavation. Install culvert and backfill with #1 stone to top of existing asphalt. Town will supply culvert. Project to be completed by November 10, 2013. For further project details you may contact Supervisor Duane Wollner at 262-689-6088. The Town Board reserves the right to reject any and all proposals, and to accept the proposal most advantageous to the Town, even if that proposal is not the lowest in

cost.
Dated this 11th day of September, 2013
Chris Schellinger
Town Clerk
Publish: September 19, 2013
WNAXLP

VILLAGE BOARD MEETING AUGUST 19, 2013 7:00 P.M.

The Kewaskum Village Board, Washington County, Wisconsin, met in regular session in the Council Room of the Municipal Building, 204 First Street.

President Andy Pesch presided and called the meeting to order at 7:00 p.m. Board members present were Craig Garbisch, Richard Knoebel, Mike Berger, Andy Pesch, Joel Serwe, Kevin Scheunemann and Jim Hovland. Staff members present were Matt Heiser, Mark Groeschel, Thomas Bishop, Jerry Gilles, Chad Cook, Janet Knops and Stephanie Justmann. The news media and members from the community were also present.

Notice of the meeting had been posted at the PNC Bank, Kewaskum Post Office and at the Municipal Building on August 16, 2013. Notice was also forwarded to the Village Board, Village Attorney, Village Engineer and the News Media.

The meeting was opened with a Moment of Silence and Pledge of Allegiance.

Motion by Jim Hovland to approve the minutes from the August 5, 2013 and August 9, 2013 meetings, second by Craig Garbisch. Voice vote, motion carried.

Motion by Kevin Scheunemann to suspend the rules and bring up item E under New Business: "Discussion and possible action on a request to consider outsourcing the DNR regulatory testing to SF Analytical Laboratories", second by Jim Hovland and carried by roll call vote. Garbisch-aye, Knoebel-aye, Berger-aye, Pesch-nay, Serwe-aye, Scheunemann-aye, Hovland-aye (6-1-0).

Dave Kliber and Ed Kelley were on hand from SF Analytical Laboratories to request considering having the required DNR testing for the Wastewater Treatment Plant completed by their laboratory. Dave Kliber provided the history, background, facilities and expertise SF Analytical Laboratories have to offer. The teams focus on food science, environmental, specialty and investigative analysis, field services and quality. SF Analytical Labs proposed to complete the required testing for \$19,265 on a three year contract and would hold the annual increase at 2% a year. The assumption is this will save over 70% of the cost of hiring an employee. Director of Public Works stated there is a need to have two operators at the Wastewater Treatment to proceed with a succession plan, to have access to confined spaces and to meet the DNR mandate of having two operators at a Grade 3 plant. Administrator Heiser reiterated that training a backup for Plant Operator Jim Noren is pertinent and the staff at the WWTP is our backup employees to help the DPW when needed. Motion by Jim Hovland to send the request from SF Analytical to the Public Works and Public Services committee to investigate alternate options, second by Richard Knoebel, Voice vote, motion carried.

Chief Groeschel reported the rescue squad will be switching billing services.

Police Chief Thomas Bishop announced a new substitute

crossing guard will be hired to help during the new school year.

Director of Public Works Jerry Gilles reported on the permits that have been executed for the Main St/Hwy 28 project. The DOT permit to construct, operate and maintain water facilities and water pollution control, Washington County for a seven day Hwy 45 detour permit, DNR water main extension plan and sewage system improvement plan have received approval.

Zoning Administrator Chad Cook reported on the Third Street reconstruction progress. The concrete is almost completed. Asphalt is being completed by Payne and Dolan and should not interfere with school starting.

Administrator Heiser:
1. Distributed a draft of the employee handbook and reviewed changes for new hires and changes due to the law and in policy.

2. Reported Heartland has created a policy for the computer server to control manipulation in browsing history.

3. Reported his meeting activity included: meeting with Attorney Kiefer regarding the Bunkelman utilities, meeting with DOT regarding the Main Street project, meeting with Sprint regarding the tower reconstruction and a meeting with Washington County Emergency Government.

4. Reported the purchasing agent for the Village will Clerk over which the governmental Stephanie Justmann to coordinate purchases.

Clerk Stephanie Justmann reported on the preliminary estimate of January 1, 2013 population for the Village of Kewaskum is 4,007. This represents a change in three persons or 0.1 percent since the 2010 Census.

Treasurer Janet Knops presented the July 2013 report:

For the month of July, 2013
For the seven months ending July 31, 2013,
Total Revenues: \$158,868.67
Total Revenues: \$1,593,343.49
Total Expenditures: \$197,072.26
Total Expenditures: \$1,297,753.83
58% of the fiscal year has elapsed.

Richard Knoebel, Chairperson for the Administrative Committee, announced the next meeting has been scheduled for August 22, 2013.

Mike Berger, Chairperson for Public Works and Public Services, reported on the August 15, 2013 meeting. Saving options for street lighting was discussed. The replacement of a storm sewer catch basin was reviewed.

Jim Hovland, representative for the Plan Commission announced the August 13, 2013 meeting was cancelled.

Craig Garbisch, Chairperson for Park and Recreation scheduled the next meeting for August 28, 2013 at 8:00 a.m.

Mike Berger, Representative for the Library Board, reported the internet, wireless and e-book usage was up 112% from last year.

Gables on the Pond Assisted Living in Random Lake
is currently interviewing for
CBRF Certified Caregivers & Cook

Every other weekend and holiday rotation required.

Please call Human Resources at (920) 994-8304 to schedule an interview or for more information.

The Kewaskum Public Library Foundation will be purchasing the house and parcel located at 218 First Street. The closing date is August 30, 2013.

Matt Heiser, Representative for the Mid-Moraine announced the next Dinner will be hosted by the City of Cedarburg on August 28, 2013.

Direction from the Board was to follow the short-term financial plan as drafted. No formal action was taken.

The Village Board meetings for the month of September were scheduled for September 9th and September 23rd due to Labor Day.

The Board discussed who is responsible for curb and gutter installation. In the past the home owner was special assessed for curb and gutter. When the reconstruction of a street is being completed it may be in the best interest of the village to provide an exception to ensure proper replacement of curb and gutter. It was asked to find out what other community have for a policy. An exception to the current ordinance should be drafted for curb and gutter installation when a street is being reconstructed.

The plans for the Main Street/Hwy 28 construction are on schedule. The bid opening is intended to happen on December 10, 2013.

Motion by Craig Garbisch to approve the proposed swim pass and swim lesson increases for 2014, second by Mike Berger. Voice vote, motion carried.

Motion by Kevin Scheunemann to disburse the remaining Park Impact Fee fund (approximately \$15,344) toward the new construction projects at Kiwanis Park, second by Richard Knoebel. Voice vote, motion carried.

Direction of the Board was to go out for Request for Proposals (RFPs) for auditing services. To investigate a possible one year contract with Baker Tilly to allow time to finish the RFP process for contracting with an auditing firm.

Administrator Heiser reviewed the current 12% employee contribution toward health insurance premiums and compared it to other municipalities. If the employee contribution was increase to 15% or 17% the amount of increase was evaluated. The amount the village contributes into a flex saving account was also discussed. Consensus of the Board was to have the Administrative Committee investigate alternate cost saving options for employee health insurance.

(Continued on next page)

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Beechwood Diamond Club hosts annual Kettle Moraine Girls Softball Tournament

Kewaskum Gridiron teams host a perfect day



The Senior Division B champ was Beechwood. Left to right front row: Julia Cotter, Stephanie Haack, Treylee Krahn, Meghan Luedtke, Brandi Geldnich, Coach Sharon Krahn. Back row left to right Coach Annette Vetter, Alyssa Heberer, Krystina Lepp, Serena Vetter, Taylor Jacob, Abby Reysen, Amanda Block, Alex Krueger, Coach Scott Krahn. Missing Kallie Hoeft.

The Kettle Moraine Softball league is competitive summer softball league which consists of teams from surrounding towns within the Kettle Moraine. There are various divisions

and age groups for the young women. For more information concerning the Kettle Moraine league please contact Rich Schroeder at 920-526-3631.

This year the Beechwood

Diamond Club hosted the annual tournament for the senior girl A & B divisions which is ages 13-20.



The Senior A champ was Adell. Left to right front row: Danielle Wetor, Heather Bunge, Elizabeth Reilly, Miranda Hurley. Back row: Coach Chris Bunge, Becah Hiller, Heidi Flinders, Emily Clutter, Melissa Drescher, Kristianne Knight, Head Coach Tony Hurley. Not Pictured: Lauren Grover, Elise Lunde, Sarah Duenk, Hollie DenBoer, and Logan Klatt.

By Judy Harlow
Statesman Correspondent

Sweep, sweep, sweep. All four of the Kewaskum Gridiron teams were victorious in their first home games last Saturday.

The eighth graders didn't have it quite as easy as they did against Nicolet, but they still improved to 2-0 with a comfortable 23-7 win over the Fredonia Warriors.

"A nice game. We got everyone in," coach Jim "Jonesy" Korth said.

The running game wasn't real effective, but Kewaskum was dangerous through the air with Gabe Christenson tossing two TD passes.

In the first quarter, Christenson hooked up for a 40-yard strike to Jared Chesak, setting up a 5-yard TD run by Patrick Krier.

Both Danny Kreis and Krier hauled in long passes on the Indians' next scoring drive, with the latter getting the TD from 35 yards out.

Kewaskum got its final score on its first drive of the second half. Kreis scored on a short pass after Krier's 35-yard reception.

Cole Surprenant kicked two PATs, and when the snap was botched on the first one, he ran it in.

"Defensively (Faton) Elmazi played well," Korth said, also praising Jon Heus, Tony Steger, Austin Heberer and Jerod Ott for their efforts.

Fredonia got its only TD with 1:32 to go.

Like Nicolet, Fredonia doesn't have a seventh grade team, so coach Tom Kudek's chargers (1-1) entertained the Slinger Blue team and won 25-12 in the game that was closer than the final score indicated.

"I was a little worried," Kudek said, referring to the fact the Warriors were driving for the tying scoring with under two minutes remaining when the Indians held on their own 15-yard line.

Kewaskum responded with a quick score when Cameron Dodge scampered 85 yards on first down to ice the game.

Dodge was a one-man wrecking crew for the Indians, scoring all four TDs on runs of 80 and 55 and 10 yard runs and adding a PAT on a pass from Danny Breuer.

"Defensively, Jon Leister, who is a huge, huge person, and Tom Klemme played good today," Kudek said.

J.J. Thull scored two rushing touchdowns in the first half to lead the sixth grade team (1-0-1) to a 21-6 victory.

Extra points were scored by Ty Cook and Justin Anderson, according to first-year coach Paul Anderson, who reported Jay Horning had the other Kewaskum TD, with the extra point coming on a pass from Brady Krier.

"Key defensive stops came from Luke Moris, Mason Pomeroy, Reagan Dricken and Ben Menzel to help hold Fredonia to six points," Anderson said.

After not having a game last week, the fifth graders were eager to play and their enthusiasm led to a 24-19 win over a team from Cudahy.

Running backs Levi Vagnini and Michael Daniel both had 50-yard plus scoring runs and QB Mason Droese added a short TD before the half, giving the Indians an 18-12 lead.

Cudahy surged into the lead (19-18) in the fourth quarter, but the Indians came up with a nice drive and the game-winning TD on a 20-yard run by Vagnini.

Coach Jeff Logan said once his team got ahead, Nathan Heberer helped with some hard running inside. Logan said all the offensive linemen "did a great job."

CORRECTON — In last week's Gridiron story, Eric Bauer was given credit for scoring the sixth graders' final TD. It was quarterback Danny Breuer who scored.

(Continued from page 13)

The location and amount of street patching for 2013 was discussed. It was suggested to have the Village Board perform onsite inspections of the village streets to determine a sequence plan for patching.

Motion by Craig Garbisch to adjourn at 9:27 p.m., second by Jim Hovland and carried by roll call vote. Garbisch-aye, Knoebel-aye, Berger-aye, Pesch-aye, Serwe-aye, Scheunemann-aye, Hovland-aye. (7-0-0)

Stephanie Justmann
Clerk/Deputy Treasurer
Approved: September 9, 2013
Published: September 19, 2013
WNAXLP

NOTICE OF PUBLIC HEARING – VILLAGE OF

KEWASKUM FLOODPLAIN ORDINANCE

PUBLIC NOTICE is given to all persons in the Village of Kewaskum that a public hearing will be held on Monday, October 7, 2013, at 7:00 p.m. in the Council Room of the Municipal Building, 204 First Street, to solicit comments on the proposed floodplain zoning ordinance and map revisions that are required by state and federal law. These revisions govern development in mapped floodplain areas. The proposed ordinance and map revision are on file in the office of the Village Clerk.

The proposed regulations are intended to protect life, health and property in floodplain areas and will govern uses permitted in mapped floodplains. Activities such as dredging, filling, excavat-

ing and construction of buildings are generally allowed, but may be restricted according to which flood zone the property is in. A copy of the proposed ordinance will be on file and open for public inspection in the office of the Village Clerk for a period of two weeks prior to this public hearing.

All persons interested are invited to attend this hearing and be heard. Written comments may be submitted to:

Village of Kewaskum
PO Box 38
Kewaskum, WI 53040
Dated this 17th day of September, 2013

Stephanie Justmann
Village Clerk
WNAXLP



Kewaskum Grades K-2

Introduction to Basketball Clinic

Kewaskum Youth Basketball Inc. is pleased to offer an Introduction to Basketball Clinic for Kewaskum School District Students in grades K-2. This 3 session clinic will focus on teaching the fundamentals of basketball, sportsmanship and having fun!

When: Sundays - 10/6, 10/13 & 10/20

Where: Kewaskum Elementary School Gym

Times: 4:30 - 5:30 PM

Registration at the door will begin at 3:30 pm on 10/6/13. The cost is only \$30.00 per participant, (\$20 for each additional sibling). All participants will get a free T-shirt with their paid enrollment.

The clinic will be directed by members of the Kewaskum Youth Basketball Board of Directors and Local School Coaches and Players. All proceeds will go directly to Kewaskum Youth Basketball Inc. in support of their community basketball programs. Camp scholarships are available on a limited basis - if needed please contact a KYB board member. www.kybhoops.org

Lady Indians play five and win over Radiers at home

By Troy Sparks
Statesman Correspondent

How did KHS volleyball coach Joe Moser reward his girls after another five-game marathon session at home against Kiel, September 12? He gave them last weekend off. If that's what it took for the Indians to win, then so be it.

"That's how we roll here at Kewaskum," he joked. "We only know how to go to game five."

It was a much-needed rest for the team; especially with the way they have endured some tough challenges against Eastern Wisconsin Conference competition and nonconference foes. Getting their minds off volleyball for a couple of days before they got back at it Monday for preparation against a tough Plymouth team on the road was the remedy in a week where there was only one game and no Saturday tournament to play in.

But before the girls scattered some of everywhere, they ended last week on a positive note against the Raiders. It doesn't look like either team will catch up to conference leader and undefeated Waupun, who were tied for the eighth spot in the Wisconsin Volleyball Coaches Association Div. 2 poll recently. While Kiel and Kewaskum are unlikely to enjoy the view from the penthouse, neither team wanted to stay in the outhouse and at the bottom of the league standings.

In a battle between two teams in the lower half of the EWC and near the bottom - with Two Rivers currently occupying the basement, one team won their first conference game of the season and the other team was still winless.

After senior Stephanie Henk spiked the first point for Kewaskum over the net in the first game for a 1-0 lead, it was all she wrote. Kiel ran off five straight points and stayed in front for the remainder of the game. Their biggest margin was six points at 23-17. The Raiders took the first game by a score of 25-17.

In the second game, Kewaskum didn't play around. They scored the first eight points for an early 8-0 lead. Middle hitter Kayla Oelhafen served it up like a hot potato with a jump serve that created a wicked spin that the Raiders couldn't return. She had four aces in her eight serves. Oelhafen had fastballs, knuckleballs, change-ups, screwballs, you name it.

"I was trying to ace every time," she said. "I had problems with my jump serve the past couple of weeks, but finally in practice I got it back. I was hitting it straight down right in the front row (in the game) and that was throwing them off a little bit."

When you get out to a double digit lead like Kewaskum did at 11-1 and your best server

of the night struck gold on four of her seven aces in that game, you might as well take what you can get.

"I think it got us all pumped up," Oelhafen said of the team's 25-10 victory to tie the match at 1-1. "Everyone got pumped up. Everyone's yelling and we won (Game 2)."

Game 3 was a seesaw battle. The lead changed hands three times. Henk's kill broke a 17-17 tie, the fourth of the game. The Indians had a 23-20 advantage and were two points from taking a 2-1 lead. The Raiders caught up to tie the contest at 25-25, the seventh and last tie. Two straight errors by Kewaskum outside hitter Tabitha Schicker gave Kiel the 27-25 win.

Kewaskum had to rise to the occasion in the fourth game because it was either win or go home.

"I think it was just our attitude coming into the game and how excited that we get to play," Moser said.

To force a deciding fifth game, they needed a total team effort from the six young ladies that were on the court to contribute.

"There are sometimes where we expect players to make a play and we just move on," Moser added. "We just take it, 'Oh yeah, Steph can do this.' But you really need to get excited for all those positive takes because you can ride that momentum and other players can make plays."

The message was loud and clear as the Indians (4-7) came back from 10 points down to get their first lead at 20-19 with a kill by junior outside hitter Jessica Fieweger. A 6-1 run finished off the Raiders to set up the winner-take-all, first-one-to-15 game.

The adrenaline truly flowed with the help of the home crowd for Kewaskum. They broke a 5-5 tie and outscored Kiel 10-2 to win 15-7 and the match 3-2.

"We like to make it hard on ourselves," Henk said of their second home game ending in five sets. "I will definitely say that." It was a much-deserved win and a confidence booster that put a conference win in the books for a very tired squad.

Some members of the team focused on exercising their brains for a more rigorous academic challenge.

"Some kids took some ACTs, so they crammed to study whenever they could," Moser said. "I wanted them to re-charge, get fresh because we got a lot of volleyball ahead of us. We can't let a five-game match wear us down. I wanted them to be able to think about that for a little bit and they don't have to worry about volleyball."

Results: Kewaskum def. Kiel, 17-25, 25-10, 25-27, 25-20, 15-7. Kills: Henk 18. Assists: Heather Johnson 16. Digs: Henk 16, Jessica Fieweger 14.

Golfers bounce back after rough outing at West Bend



The 2013 Kewaskum High School Girls' Golf Team is shown above, clockwise from coach Amy Uhlig, Emily Eutsey, Heather May, Leah Wilde and Destiny Duarte.

Statesman photo by Andrew Kuehl

By Judy Harlow
Statesman Correspondent

With all the girls posting season-best scores, the Kewaskum High girls' golf team finished 21st out of 23 teams in the annual Sheboygan North/South Invitational held last Monday, Sept. 9.

Playing very steady golf, sophomore Leah Wilde broke 100, on nine hole scores of 49 and 50.

Senior Emily Eutsey was next with a solid 54-50-104, and then came Heather May at 112, and finally Destiny Duarte with 117.

West Bend won the meet with an impressive 363, followed by the host school, which came in with a 365.

Nicolet's Emily Murphy captured the medal with a sizzling 80.

With the exception of Denmark and Kewaskum, all the rest of the schools are in Division 1.

On Saturday, Sept. 7, the Indians traveled to Beaver Dam for an invitational there and placed 10th out of 16 teams in an 18-hole test.

Stoughton won the team title with a score of 339. The Indians had a 461 with three of their four players struggling a bit on the tree-lined course.

Playing at the No. 1 spot, Wilde did well, starting with a 50 and coming back with a 53 for a 103 total. Eutsey was next at 116, followed by Duarte's 118 and a 124 from May.

Coach Amy Uhlig went into the WLT meet at West Bend Country Club full of confidence, and she came out just a little disappointed after the Indians

posted a 245, with a couple uncharacteristically high scores.

Once again Beaver Dam came out on top with a 185, and once again the combined West Bend West/East team second at 189.

There was a tight battle for third, with Oconomowoc edging Hartford and Watertown, 212 to 214 to 215. KHS finished last in the competition.

Medalist honors were shared by West Bend's Mandy Fiorentino and Amy Holzer of Hartford. Both carded 7-over-par 44s on the long front nine.

Wilde was again low for the Indians, shooting a 52. Wilde had a par on No. 1.

Eutsey and Duarte posted a 60 and 62, respectively, while Heather May struggled and had to settle for a 71.

Soccer players seek turnaround

By Judy Harlow
Statesman Correspondent

First-year Kewaskum soccer coach Nate Wendelborn was happy to have a break in the schedule this week, especially after losing two more games and falling to 0-12 on the season, 0-6 in the Eastern Wisconsin Conference.

Wendelborn said it would be good to have three straight days to work on some things in practice and for a couple of players to heal before a home game Thursday (today) against Waupun.

"We hope to turn around our season," Wendelborn said, noting the Indians are improving and the schedule is favorable, with many upcoming games coming at home.

The Indians came ever so close to getting their first win on Sept. 10 when they lost to Kiel 1-0.

"They scored on us in the first 30 seconds and then we held them for the final 79 minutes," Wendelborn said. "It should have been 1-0 in our favor."

Senior Karter Guth had a real good game in the nets for the Indians, according to Wendelborn, who said his keeper stopped 15 shots. "We also got good work out of Brad Fechter, Joey Sanborn and Brian Wendelborn."

Moving Cody Baertschy to the outside also provided dividends, as he created some scoring opportunities for Kewaskum, but "We just couldn't finish."

On Thursday, September 12 the Indians lost a 6-1 decision to New Holstein/Elkhart Lake.

"They have a lot of speed," Wendelborn said of the Huskies. "We held them to two goals in the first half. Then it started to rain, and we weren't playing the skip (of the ball off the grass) the way we should have."

The Indians' goal was scored on "a cross from Cody (Baertschy) to Tiler Ellenberger. He headed it in."

Defensive players cited were Max Hardy and Jake Duff.

"Guth did an amazing job in goal," Wendelborn said, indicating it has been tough on the seniors not having any wins, but he fully expects they will get a couple in the next couple of

Things heat up in second half of Indians win over Huskies



Indians Quarterback Brett Boegel is shown running the ball during Friday's home game against the Huskies. Shown with Boegel are Brandon Thull (23) and Bradley Petersen (62). Kewaskum claimed victory over New Holstein 8-6.

Statesman photo by Andrew Kuehl

By Troy Sparks

Statesman Correspondent

Murphy's law doomed the Indians football team until two lucky breaks broke the bad luck spell and helped the Indians to an 8-6 win over visiting New Holstein, Sept. 13, at home in a battle of two previously undefeated Eastern Wisconsin Conference teams.

A big play on offense and a goal line stop on defense

determined the outcome for Kewaskum (3-1 overall, 2-0 conference). Sophomore running back Brandon Thull burst through a wide-open hole on the left side 15 yards to the end zone in the second half.

"The oh-five veer lineman just made the greatest hole ever," Thull said of senior receiver Charles Witek's outside block that cleared the way. "That was Charlie Witek. He's a great player, phenomenal. That

was a great block."

Senior linebacker Joseph Seitz stopped New Holstein sophomore tight end Josh Burg short of the goal line on a two-point attempt after their touchdown late in the game that could've tied the score and forced overtime.

"At that point that was the game," said Seitz. "We had to make that play. If we don't make that play, it's tied up, either overtime or we had to do something in two minutes (left in regulation). And it was all

heart. We made the play and that's all that matters."

After an interception from New Holstein (2-1, 1-1) on their first possession, the Indians went from the Huskies' 44-yard line to being 4 yards away from the end zone. Two huge penalties (chop block and holding) backed them up and out of field goal range. Kewaskum also survived a fumbled snap, a dropped ball on a kick return, a dropped TD pass that went through the hands of senior tight end Greg Rate in the end zone, a blocked punt and a running into the kicker penalty along with trying to break a scoreless first half tie.

Thull ran the second half kickoff for Kewaskum to their 47 and accounted for 44 of the 53 yards on the ground on the 7-play scoring drive that included three first downs in a span of 2 minutes 44 seconds. The Indians converted on a 2-point play after the TD on senior quarterback Brett Boegel's pass to sophomore running back Benjamin Watzig with 9:07 left in the third quarter.

It took New Holstein 1:57 to put together their scoring drive on six plays. Senior running back Quinn Compton capped the drive with a 7-yard run. Kewaskum recovered the onside kick and got a key first down to run out the clock.

"We had some bad breaks from the beginning, but we just kept after it and kept after it," Seitz said. "We didn't let it get to us. We just kept pounding, and in the end, we made it work." The Indians share the conference lead with Plymouth at 2-0 in the EWC.

NEW HOLSTEIN 0 0 0 6 - 6
KEWASKUM 0 0 8 0 - 8
Scoring: Third Quarter - KEW - 9:07; Brandon Thull 15 run (Brett Boegel pass to Benjamin Watzig good). Fourth Quarter - NH - 2:00; Quinn Compton 7 run (run failed). Total yards: KEW 225, NH 182. Leading rushers: Thull, 102 yards, Compton, 93.

Next Game: Kewaskum at Kiel, Sept. 20, 7 p.m.

In their game against New Holstein The Indians' JV team produced a commanding 40-6 performance over the Huskies.

Krier comes home with another CC medal

By Judy Harlow

Statesman Correspondent

With one girl sidelined because of illness and two boys missing, the Indians cross country teams struggled in Friday's annual Mike Hurlbert Invitational at Mayville.

"I had two guys missing, so I didn't have a boys' team, and Caley (McClyman) was sick so she didn't run," coach Randy Backhaus said in reporting on results of the competition.

The KHS girls placed 17th out of 24 teams with 463 points. Had McClyman been at full strength, the Lady Indians might have had 100 fewer points, which could have moved them up six or seven places.

Leading the girls was sophomore Emily Krier, who continues to get better and better. "Emily did well," Backhaus said, reporting his No. 1 runner covered the course in 17 minutes and 4 seconds (17:04), good for 24th, which earned her a medal. This was her best time by seven seconds.

Backhaus had told Krier in such a big field it was important

to start fast. Krier really took his words to heart. "After 100 yards, she was in first place," the coach said, indicating that helped free her from getting caught in a pack.

Ellie Debalek was the Indians' second finisher. She wound up in 66th place with an 18:16.4 clocking, and third was Amanda Plachinski, who turned in an 18:44.2, good for 82nd overall. They dropped their times 37 and 34 seconds, respectively.

For the boys, Josh Fiebig was the leader, with a time of 20:39.5, and them came Zach Heberer at 22:05.35. Because Kewaskum did not have a full team, no places were available for them.

Mike Hurlbert Invitational
Top three girls' teams: 1. Berlin, 45 points; 2. Slinger, 90; 3. Kiel, 100; Individual winner - Kinsey Harmon, Berlin, 14:56

Top three boys' teams: 1. Slinger, 96 points; 2. Kettle Moraine Lutheran, 121; 3. Berlin, 139; Individual winner - Matt Kuik, Wau-pun, 16:50.

Other KHS girls who counted: 132. Jessie Nurkala, 19:45.6; 159. Haley Plachinski, 20:29.6

Other KHS boys: Zach Geidel, 24:32.47; Josh Radke, 24:38.45

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KEWASKUM YOUTH

BASKETBALL REGISTRATION

Kewaskum Youth Basketball (KYB) is a non-profit organization that provides local kids with the opportunity to experience the fun of competitive basketball while improving their basketball skills and learning life skills such as teamwork, sportsmanship, commitment and responsibility. Participation is open to kids in grades 3 - 6 who reside in the Kewaskum School District. KYB is the only youth basketball organization that works with Kewaskum's High School Varsity Basketball Coaches to ensure the philosophies and skills required at the High School level are being taught.

The 3rd grade program is focused on introducing kids to the fundamentals of basketball and will run from early November to late December. 3rd grade will not play a competitive league schedule.

The 4th-6th grade programs are focused on developing skills and participating in a competitive league environment. 4th-6th grades will run from early November to late February/early March. Teams will play approx. 10 league games (games are on Saturday mornings/early afternoons) against teams like Campbellsport, Eden, Lomira, Mayville, Oakfield, & North Fondy. Teams also participate in a minimum of 1 tournament.

Teams typically practice 1-2 evenings per week.

Kids will also have the opportunity to be ball boys and girls for the Kewaskum Indians High School basketball teams throughout the season and march in the Kewaskum Christmas parade.

Sunday, Sept. 29 & Sunday, Oct. 6

Kewaskum Elementary School Cafeteria - 5:30 - 7 pm

Fees: 3rd Grade - \$50; 4th-6th grade - \$80 (\$10 discount for additional siblings)

Forms are also available at www.kyahoops.org
 If you have any questions please contact Kory Dogs at
 (262) 483-1211 or kdogs10@frontier.com

Healthy Viewpoints™

VOL14 No.2

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Osteoporosis: Silent and Often Unexpected



Aron Adkins, MD
 Endocrinology, Diabetes & Metabolism
 Eau Claire Medical Clinic

Osteoporosis is a common condition but, often silent. It affects 9 million Americans today and according to the National Osteoporosis Foundation it is estimated that 48 million Americans have low bone mass. Current estimates are that 60% of men and women over the age of 50 years are at risk for fracturing a bone.

Osteoporosis is detected by a special kind of dual x-ray that differentiates fat from bone tissue. Some of the x-rays pass through soft tissue like muscle and fat, and others bounce back from bone tissue. In this way, the relative content of the calcium content of bone can be determined. When calcium content is very low, it is referred to as osteoporosis.

The term "osteoporosis" originally was used to describe a certain low calcium content in bone in postmenopausal women that would increase the risk of fracture and was primarily used in clinical studies. Now, osteoporosis is often a universal term which describes any patient, man or woman, who is at risk of fracture because of low calcium content of their bones, or other conditions that weaken the bone. Sometimes, patients can have osteoporosis and have relatively mild losses of calcium in the bone.

Osteoporosis is important, as fracturing of a bone can have serious health implications. Fracturing the spine for example, can result in disabling pain, abnormal curvature of the spine and changes in internal organ function related to this change in body shape. It is a known fact that when a person has a fracture of the spine because of fragile bones, their risk of developing another fracture within a 1–2 year time period is estimated at 20–30%.

Hip fractures also can pose a serious health risk. A hip fracture can result in severe permanent disability, the need for major surgery and the potential complications that can surround a major operation. Hip fractures in elderly patients substantially increase their risk of dying, and certainly can limit their independent functioning.

Bone can be thought of as a sponge-like structure that has many cross beams and supports that give the bone strength. Not only does the actual calcium make bone strong, but the cross beam structure allows for the ability of bone to support weight and stress.

You can think of osteoporosis like a building. A strong building has both bricks and mortar, but underlying this, there is a strong scaffolding of support beams and other structures that give it strength. The same is true for bone. The bone can be weakened if its calcium (bricks and mortar) is diminished. Bone can also be weakened if the beams or support structure are damaged, even if the bricks and mortar are intact.

We often think of osteoporosis as a condition of aging. This is certainly true in women who go through menopause. They are at significant risk of developing osteoporosis. The decrease in estrogen plays a major role in the loss of bone from the skeleton and the breaking of these very

important support structures of bone. In the same way, men who age have lower testosterone levels which also has a very similar impact on the weakening of bone and increased risk of fractures.

Aging and loss of testosterone and estrogen are not the only reasons for osteoporosis however. We often do not think of younger people developing osteoporosis, but this disease can affect the young and old alike.

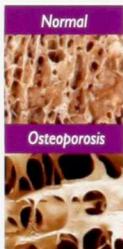
Other, often under-represented causes of osteoporosis can be many. Steroid exposure can weaken bones. Usually this occurs from taking several months of higher dose oral steroids, but impact on bone, can occasionally be seen when there is significant exposure to higher dose inhaled steroids or frequent steroid injections into muscle or joints.

Celiac Sprue, an intolerance to gluten, can be often under-diagnosed and has been associated with osteoporosis. Chronic diseases that cause inflammation like rheumatoid arthritis, place a patient at much higher risk of fracturing bones. Certain medications, like long term use of proton pump inhibitors, can be associated with increased risk of bone fracture. A relatively common condition that affects women and men in their 60's and 70's called hyperparathyroidism, an abnormal production of parathyroid hormone, is also associated with the development of weakened bones. Smoking, excessive alcohol intake and high levels of soda intake are associated with loss of bone.

There are many good therapies currently available to treat osteoporosis. They are essentially divided into three main categories:

- **Lifestyle Therapy**—Includes getting adequate calcium and vitamin, engaging in muscle strengthening and weight bearing activity.
- **Anti-Resorptive**—Medications which function to slow down the loss of bone over time. Estrogen, testosterone and medications Fosamax, Actonel, Boniva and Reclast fall into this category.
- **Anabolic Therapy**—This therapy actually helps you rebuild the support structure of bone. Forteo, or human parathyroid hormone, is the only medication available in this category at this time.

It is important to consider the possibility of osteoporosis, as often it is a very silent disease and not obvious until there is a major fracture. It is important to seek regular physicals from your health care provider and identify the risk factors that you may have for osteoporosis and consider osteoporosis screening with bone density scanning.



Dr. Aron Adkins – Eau Claire Medical Clinic

For information or to schedule an appointment:

715-839-9280 | 800-972-6569 | www.eauclairmedical.com

Dr. Adkins sees patients in Balkwin, Cumberland, Durand, Hayward and Stanley.

OakLeaf Medical Network's Newest Practitioners:



Aron Adkins, MD (Endocrinology, Diabetes & Metabolism) joined Eau Claire Medical Clinic, seeing patients in Stanley, Baldwin, Cumberland, Durand, and Hayward. Dr. Adkins received his medical degree at Medical College of Ohio in Toledo, OH (1996). He completed residency training in Internal Medicine, followed by a fellowship in Endocrinology, Diabetes & Metabolism, both at Mayo Graduate School of Medicine in Rochester, MN. Dr. Adkins is board certified in Endocrinology, Diabetes & Metabolism. For information or to schedule an appointment with Dr. Adkins, call 715.839.9280, 800.972.6569, or visit eauclairmedical.com.



Keith Anderson, DPM (Podiatry) joined Fogarty Surgical Services & Family Care Clinic, seeing patients in Hayward, Bruce, and Cable. Dr. Anderson received his Doctor of Podiatric Medicine degree at Des Moines University-College of Podiatric Medicine and Surgery in Des Moines, IA (2008). He completed residency training at East Jefferson General Hospital in Metairie, LA. For information or to schedule an appointment with Dr. Anderson, call 715.934.3124 (Hayward), 715.868.3120 (Bruce), 715.798.3124 (Cable), or visit fogartysurgicalservices.com.



Eau Claire Anesthesiologists welcomes **Ian Augustin, MD** (Anesthesiology). Dr. Augustin received his medical degree at Loyola-Stritch School of Medicine in Chicago, IL (2009). He completed residency training at Mayo Graduate School of Medicine in Rochester, MN. For more information, call 715.834.8721.



OakLeaf Advanced Wound Care & Hyperbaric Medicine Center in Eau Claire welcomes **Lisa Buenger, MD**. Dr. Buenger received her medical degree at Mayo Medical School in Rochester, MN (1999). She completed residency training at Mayo Graduate School of Medicine in Rochester, MN. Dr. Buenger is board certified in Pediatrics and recently completed training in wound care and hyperbaric medicine. For information or to schedule an appointment with Dr. Buenger, call 715.839.6869.



Chris Buntrock, MD (Ophthalmology) joined Chippewa Valley Eye Clinic, seeing patients in Eau Claire, Black River Falls, and Durand. Dr. Buntrock received his medical degree at Medical College of Wisconsin in Milwaukee, WI (1986). He completed residency training at the Medical College of Wisconsin in Milwaukee, WI. Dr. Buntrock is board certified in Ophthalmology. For information or to schedule an appointment with Dr. Buntrock, call 715.834.8471 or visit chippewavalleyeyeclinic.com.



Jolene D'Huyvetter, FNP joined Wisconsin Brain & Spine Center, seeing patients in Altoona, Rice Lake, Black River Falls, Chippewa Falls, and Hudson. Ms. D'Huyvetter received her Master's Degree in Nursing at University of Wisconsin-Eau Claire (2009) and is certified by the American Nurses Credentialing Center. For information or to schedule an appointment with Ms. D'Huyvetter, call 715.832.1700.



Eau Claire Anesthesiologists welcomes **Brett Frodl, MD** (Anesthesiology). Dr. Frodl received his medical degree at University of Minnesota Medical School in Minneapolis, MN (2009). He completed residency training at Mayo Graduate School of Medicine in Rochester, MN. For more information, call 715.834.8721.



Sunrise Family Care Clinic in Chippewa Falls welcomes **Michael Korbol, PA-C**. Mr. Korbol received his degree in Physician Assistant Studies at University of Wisconsin-Madison (2009) and is certified by the National Commission on Certification of Physician Assistants. For information or to schedule an appointment with Mr. Korbol, call 715.726.3096 or visit sunrisefamilycareclinic.com.



Timothy Mess, PA-C joined Chippewa Valley Orthopedics & Sports Medicine, seeing patients in Altoona, Chippewa Falls, Hayward, and Stanley. Mr. Mess received his Master's Degree in Physician Assistant Studies at Marquette University in Milwaukee, WI (2013) and is certified by the National Commission on Certification of Physician Assistants. For information or to schedule an appointment with Mr. Mess, call 715.832.1400 or visit cvosm.com.



Eugene Rigstad, MD (Family Medicine) joined Shell Lake Clinic, seeing patients in Shell Lake and Siren. Dr. Rigstad received his medical degree at University of Minnesota Medical School (1986). He completed residency training at the University of Wisconsin-Fox Valley in Appleton, WI. Dr. Rigstad is board certified in Family Medicine. For information or to schedule an appointment with Dr. Rigstad, call 715.468.2711 (Shell Lake) or 715.349.2910 (Siren).



Paul Strapon III, MD (Family Medicine) joined Fogarty Surgical Services & Family Care Clinic, seeing patients in Hayward and Cable. Dr. Strapon received his medical degree at Indiana University School of Medicine in Indianapolis, IN (1969). He completed his internship at Memorial Hospital of South Bend, IN. For information or to schedule an appointment with Dr. Strapon, call 715.934.3124 (Hayward), 715.798.3124 (Cable), or visit fogartysurgicalservices.com.



Kamal Thapar, MD, PhD, FRCSC, FAANS (Neurosurgery) joined Chippewa Valley Orthopedics & Sports Medicine and created the Wisconsin Brain & Spine Center. He sees patients in Altoona, Rice Lake, Black River Falls, Chippewa Falls, and Hudson. Dr. Thapar received his medical degree from the University of Calgary. He completed his residency training at the University of Toronto in Toronto, Canada, where he also completed a PhD in pituitary tumor biology. He completed three fellowships in the areas of skull base, pituitary surgery and epilepsy at the University of Toronto, University of Virginia, and Friedrich Alexander Universität Erlangen-Nürnberg, Germany. Dr. Thapar is board certified in Neurosurgery by the Royal College of Physicians and Surgeons of Canada. For information or to schedule an appointment with Dr. Thapar, call 715.832.1700 or 800.322.1747.

Other News:

Chippewa Valley Orthopedics & Sports Medicine Clinic moved to a new location at 1200 N 10th St W, Ste A, Altoona, WI 54720.

Eau Claire GI Associates moved to a new location at 3940 Oakwood Hills Pkwy, Eau Claire, WI 54701.

Phillip Porter, MD (Neurosurgery) relocated his practice to Wisconsin Brain & Spine Center, 1200 N 10th St W, Ste A, Altoona, WI 54720. For information or to schedule an appointment with Dr. Porter, call 715.832.1700 or 800.322.1747.

Prophylactic Mastectomy



Richard Daniels, MD
General, Thoracic & Vascular Surgery
Evergreen Surgical
Eau Claire

What did Angelina Jolie consider in her decision?

The surgical treatment of breast cancer usually involves removing part (lumpectomy) or all (mastectomy) of the breast after a woman has been diagnosed with breast cancer. It is unusual to think about removing one's breast to prevent the development of future breast cancer. Angelina Jolie has brought this option into the spotlight. She opted to have both breasts removed to possibly prevent the future development of cancer. Was this the right decision?

"Breast cancer is the most common diagnosed cancer in U.S. women. Approximately 40,000 women die from breast cancer each year."

The risk factors for developing breast cancer may include family history (first or second degree relatives with breast cancer), advanced age, reproductive and menstrual history, hormone therapy use, alcohol intake, physical activity, etc. Most breast cancers develop in a family sporadically (no other family members with breast cancer). Only 5% of breast cancers are genetically passed from parents to their children.

Angelina Jolie has a genetic mutation that was passed to her by her parents. This is a change in her DNA or genetic make-up that leads to a marked increase in the development of both breast (56-84%) and ovarian (36-63%) cancer. This change is referred to as BRCA1 and BRCA2 mutations. Both mutations can be detected by a blood test that costs \$3,000. Because the chance of having the genetic mutation is very low, some insurance companies may not cover the cost of this test.

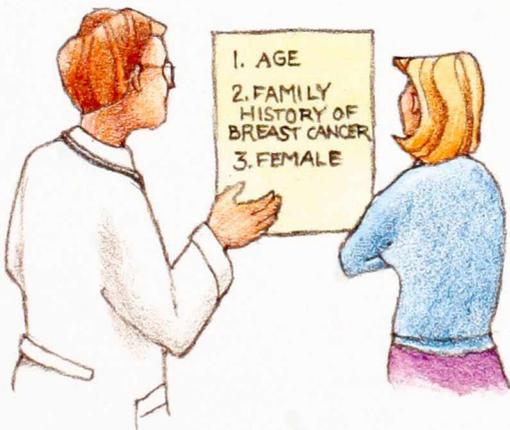
Women like Ms. Jolie who are positive for this genetic change have several options to help the fight against breast cancer.

These options include:

- Increased surveillance
- Prevention with certain medications
- Life-style changes
- Prophylactic mastectomy

All of these options are acceptable and may appeal to women for different reasons. Ms. Jolie opted to have both breasts removed surgically to lower her potential of developing breast cancer.

Removing an organ of the body such as the breast with no known disease is called prophylactic surgery. Prophylactic mastectomy, or removal of the breasts, reduces the risk of future breast cancer by 90% in women who have the genetic changes of BRCA1 or BRCA2. Studies show that both the risk of developing breast cancer and the possible future death from breast cancer (if you develop it) is decreased by breast removal.



Ms. Jolie did make the right decision for her. This decision was made with help from her health care providers. Women with a family history of multiple relatives with breast cancer, especially at young ages, should be offered genetic testing. As a medical community we need to make these tests more available and affordable. As patients, I encourage you to be proactive and obtain as much information as possible in regards to your health care. With information comes the power to make informed decisions and envision a very different future for yourselves.

Dr. Daniels is a surgeon with Evergreen Surgical in Eau Claire. He has a special interest in the surgical treatment of breast disorders. He is a member of the American Society of Breast Surgeons.



Dr. Daniels – Evergreen Surgical

For information or to schedule an appointment:
715-832-1044 | www.evergreensurgical.com
Dr. Daniels sees patients in Eau Claire and Chippewa Falls.

Understanding Peyronie's Disease



Josiah Nelson, MD

Urologist
Western Wisconsin Urology
Eau Claire

Peyronie's Disease was first described by François de la Peyronie, a French surgeon. Peyronie's Disease is characterized by an inflammatory plaque, or hard lump, that forms within the penis. This lump is often initially painful, and as the scarring progresses, it can cause an abnormal bend to the penis. This lump usually forms over several weeks, but occasionally can occur over a much shorter time frame. The bent penis often makes sexual intercourse difficult and can lead to shortening of the penis. As one might expect, this may disrupt a couples' physical and emotional relationship.

There are several factors which are suspected to be causes of Peyronie's Disease.

Diabetes, smoking and obesity are thought to be potential causes. Erectile dysfunction is also suspected to be a potential source due to repetitive bending and trauma in a semi-erect penis. Over time this leads to inflammation and scar tissue formation. In many cases the cause is unknown. Once a plaque starts to form in the penis it typically takes 6–12 months to stabilize and stop changing. During this time there may be pain at the site of the lump which often times will improve as the plaque stabilizes. Rarely the lump may get smaller and the bend to the penis may go away.

A visit to your physician and an exam will confirm the diagnosis of Peyronie's Disease. Treatment during the initial period of plaque formation typically consists of oral medications: Vitamin E, colchicine, tamoxifen and pentoxifylline may be tried, but often times have limited success. Traction devices have also been described in the treatment of Peyronie's Disease. The most successful form of treatment in the initial period involves injections of medications directly into the plaque to try to stabilize it. This is done through a series of injections over a three month period. Verapamil has shown significant success reducing pain, as well as reducing curvature of the penis when injected into the plaque.

Once the plaque is stabilized, if there is still a problematic curvature, surgical intervention is often recommended. Removal of the plaque, straightening of the penis or even placing a prosthetic device may be used. Treatment is dependent on the degree of curvature, the size of the plaque and any underlying medical conditions such as erectile dysfunction.

"It has been estimated that up to 9% of men in the United States have Peyronie's Disease. Although it is a common issue and has been known about for centuries, there is low public awareness of the disease."

Peyronie's Disease is an under appreciated disease that causes significant physical distress and emotional difficulty for patients and their partners. If you would like more information on the treatment or evaluation of Peyronie's Disease, contact Western Wisconsin Urology at 715-835-6548, www.eauclaireurology.com.

Treatment Progression for Peyronie's Disease

Oral Medication



Injections Directly into the Plaque



Surgical Intervention



Dr. Josiah Nelson – Western Wisconsin Urology

For information or to schedule an appointment:
715-835-6548 | www.eauclaireurology.com
Dr. Nelson sees patients in Eau Claire, Black River Falls and Osceola.

Women's foot and ankle running injuries



David Hesse, DPM, FACFAS

Podiatric Medicine
Hesse Foot & Ankle Clinic
Eau Claire

When I attend or volunteer at marathons in our region of the country, I notice that the participants seem to include as many men as women. Why is it then that I see so many more women in my office with foot and ankle conditions as a result of training for running events? Why do we in the sports medicine world devote so much time to treating running injuries specifically for women? The answer can sometimes be elusive, but there is one particular musculoskeletal difference between women and men that provides some answers: The Q Angle.

This angle is formed by joining lines between the hip joint, the knee cap and the femur bone (thigh bone). Women are inherently wider at the hip joint, which results in a slightly larger Q Angle. The biomechanical implications are increased stress at the hip, knee, ankle and arch. This simply puts women at a higher risk of injury to the foot and ankle complex than men during running. Let's get down to the nitty gritty.

The Q Angle



What are these foot and ankle injuries and what can you do about them?

Plantar Fasciitis

This is easily the most common foot complaint for any athlete. This is an inflammation of the largest ligament in the foot which happens to attach to the bottom of the heel. The primary cause is extra stress on the arch, coupled with increased activity.

Stress Fracture

The most common stress fractures in the body occur in the foot. The central metatarsals and the heel bone (calcaneus) are at greatest risk. Women tend to have bone that is less dense and at higher risk of exercise-induced fractures.

Shin Splints

Inflammation of the shin bone (tibia) and the fascial attachment sites of the lower leg muscles. "Tibial Stress Syndrome" presents as pain on the front of the lower leg during and after running.

Achilles Tendonitis

An inflammation of the large tendon in the back of the ankle that attaches your calf muscle to your heel. Again, increased stress on the arch and lack of flexibility can lead to injury.

Morton's Neuroma

Irritation to the nerve that passes between the 3rd and 4th toes. It is often described as a burning or tingling pain, but can also present as numbness. It is most often caused by tight shoes and inadequate cushion.

Now that we have identified all the usual suspects, how are they treated?

As always, the best treatment is prevention. Here are my three big suggestions:

Stretch/Warm Up

This cannot be over-emphasized. Stretching before and after running may be the most important preventative measure a runner can take. There is now even evidence that walking or even light running "before" you stretch can be helpful. Either way, be warmed up and stretched out prior to your training run.

Good Support

When you are training, make sure you are using proper running shoes and arch support. Get educated on shoes that are most appropriate for your running style and biomechanics. Most of my marathoners wear prescription orthotics as well. The best way to determine your need for appropriate foot support is to sit down and discuss it with a qualified foot and ankle doctor. Over-the-counter arch supports can be helpful, but orthotics tend to be the gold standard for competitive runners.

Hydrate

Most runners are getting better at this. It has been suggested that athletes drink one full "squeeze bottle" of water for every pound of water weight lost. After a lengthy run, drink water throughout the day until your urine is clear or light yellow. The more hydrated your tendons and ligaments are, the less likely injury will occur.

"In the event of injury, you should present immediately to your doctor. The sooner you address the problem and begin an appropriate treatment course, the more quickly you will resume training and the less likely you will require surgical intervention."

Dr. Hesse is a Board Certified Foot Surgeon and a Fellow of the American College of Foot and Ankle Surgeons.

Dr. David Hesse – Hesse Foot & Ankle Clinic

For information or to schedule an appointment:
715-514-4706 | 866-749-3668 | www.hessefootandankle.com
Dr. Hesse sees patients in Eau Claire, Chippewa Falls and Menomonie.

Minimally Invasive Spine Surgery

Smaller, Safer, Smarter



Kamal Thapar, MD, PhD, FRCSC, FAANS

Neurosurgery
Wisconsin Brain & Spine Center
Altoona



Jolene D'Huyvetter, RN, APNP

Neurosurgery Nurse Practitioner
Wisconsin Brain & Spine Center
Altoona

Spine Problems are Common, and Some Will Require Surgical Treatment

Virtually everyone will have one or more episodes of back or neck pain at some point in their lives. In fact, the problem of back pain is so common that fully one quarter of the U.S. population will report an episode of back pain at some point in the last three months, and an additional 15% of the population will report an episode of neck pain during the same time frame. For the majority, this will be a short lived event that will predictably resolve on its own. For many others, however, one or more treatments, including chiropractic care, physical therapy, weight loss, massage, acupuncture, medications (anti-inflammatories, muscle relaxants) and spinal steroid injections ("pain shots") will prove helpful in expediting recovery. For the remaining few who fail these measures and in whom pain and other symptoms persist, surgery may be the most appropriate, and in some instances, the only meaningful option.

Symptoms that indicate you may have a spinal problem:

Cervical spine

- Neck pain, headache
- Decreased motion
- Pain in arms and between shoulder blades
- Weakness in arms and hand/or hands
- Numbness in hands
- Clumsiness/loss of dexterity
- Loss of balance

Lumbar spine

- Low back pain
- Pain one or both legs
- Numbness in one or both legs
- Worsening leg pain or numbness with walking
- Worsening leg pain or numbness with standing
- Weakness in leg and foot
- Inability to stand up straight/flexed forward posture
- Bladder and/or bowel dysfunction

All too often, patients are understandably fearful of spine surgery, as the mere mention of the word conjures distressing images of big incisions, prolonged hospitalizations, immobility, and slow painful recoveries. With the development of minimally invasive spine surgery options, however, many patients will now enjoy a far more comfortable surgical experience, with smaller incisions, shorter hospital stays, far less pain, and a much faster return to normal life

than was every thought possible with traditional methods. So if you have been suffering from back and neck pain where nothing seems to be working, and you have been contemplating a neurosurgical solution, then read on, because minimally invasive spine surgery may be right for you.

Less is More

The past few years have seen major technical and conceptual advancements in the field of spinal neurosurgery. An emerging philosophical change is that less is often more. Traditional spine surgery involved large incisions, disruption of delicate muscles, and damage to ligaments and other stabilizing soft tissues, all of which were stripped aside in order to expose and correct a diseased spine. The trauma of the surgery, once considered unavoidable, constituted a form of "friendly fire" that undermined the quality of the surgical result, led to prolonged periods of convalescence, postoperative pain and a slower return to normal activities.

To circumvent this problem, our approach to spine surgery has been minimized, both in concept and in technique. The surgical objective is to identify and correct the cause of symptoms while painstakingly preserving remaining structures, both anatomically and functionally. Although this requires significantly greater preoperative planning, a thorough knowledge of microsurgical anatomy and spine biomechanics, and is far more technically demanding than traditional surgical approaches, the results for the patient are well worth the additional effort. It is important to reiterate that the goals of minimally invasive surgery is to accomplish the same clinical objectives as the traditional open approach, but without the extensive tissue trauma.

There are three essential elements to planning and execution of minimally invasive spine surgery:

Precise identification of the surgical target (the problem):

In order to correct any spinal disorder, the precise site of the problem needs to be rigorously determined. Very often, MRIs will show several sites of disease and/or multiple levels of degeneration, but amid these, it is usually one particular level and/or a single anatomic structure (bulging disc, bony spur, facet joint, nerve root, etc.) that is responsible for most or all of the symptoms. By carefully listening to the patient's symptoms, performing a detailed neurological exam, and meticulously correlating these findings with the patients imaging studies, the precise surgical target that is generating the patient's symptoms can usually be identified, no matter how "noisy" the MRI scan might seem. This is a critical step because each patient is unique and the surgical solution needs to be individualized to each patient's unique pathology. In this way, minimally invasive surgery is "smarter" and more selective than the more generic traditional surgical approaches.

Planning the least invasive corridor of surgical access (the path):

Once the surgical target has been mapped, I plan the smallest, safest and most direct physiologic corridor of access, which can be from the front, the side, the back, or along any 360 degree trajectory about the spine (Figure 1). Aside from a small skin incision, no other normal structures are cut. Small tissue dilators are introduced and easily pass between muscles by gently dilating the muscle fibers rather than dividing them. Tubular retractors or ports are docked on the spine and serve as the working channel through which all the surgery is microscopically performed. (Figure 2)

Reconstruction of the spine (the final product):

Many spinal procedures not only involve taking pressure off of nerves (decompression), but also involve restoring stability of a diseased spine (reconstruction). Reconstruction is performed through the same illuminated working channel, and involves the placement of implants. These can be composed of bone, plastic, acrylic, or metal and are used to replace, fuse, or otherwise stabilize a diseased disc segment, or an entire vertebral body. The addition of metal screws, small rods or plates can further restore stability to the spine (Figure 3). In many instances, we use a computerized navigational guidance system to precisely deploy these implants into the spine with millimeter accuracy.

What Conditions can it be Used for?

Minimally invasive spine surgery is my preferred choice for most forms of spine surgery including most degenerative conditions (disc herniations, disc degeneration, spinal stenosis, bony spurs, spondylolisthesis, spinal instability and nerve root compression), as well as in many situations requiring complex reconstruction and fusion. I will also use it selectively in cases of scoliosis, spinal tumors and in some forms of spine trauma/fractures. In general, the indications for minimally invasive surgery are similar to those where traditional "open" surgery is currently being used.

What are the Benefits?

The benefits are many, including smaller incisions, less blood loss, reduced infection rate, shorter hospital stays, faster recovery and much less pain. Most of my patients, including those in whom complex reconstructions and fusions are performed, will be up and walking within hours of the procedure and are typically home after a brief 1-2 day hospital stay.

Minimally Invasive Spine Surgery and the Aging Spine

Minimally invasive spine surgery is effective for adults of all ages, but its merits are especially well received among the elderly. First, degenerative spinal conditions such as spinal stenosis are most common in the elderly population. Furthermore, many elderly patients have multiple underlying medical problems including osteoporosis and heart disease that can prove prohibitive to the large open spine surgeries. With minimally invasive spine surgery, blood loss and normal tissue disruption is minimized, reducing the physiologic burden of surgery and enhancing its safety. Furthermore, the rapid mobilization and reduced reliance on postoperative pain medications are additional virtues of the procedure among the elderly.

For most of us, periodic episodes of back and neck pain will be a self-limited phenomena for which a variety of nonsurgical options will prove effective. If, however, back and neck problems

persist to the point where neurologic function is threatened, mobility is impaired, pain is intractable and/or quality of life is compromised, a neurosurgical solution may warrant serious consideration.

"Minimally invasive spine surgery has emerged as a truly game-changing option for patient's requiring spine surgery. The selective removal and/or reconstruction of the responsible spinal pathology while preserving normal tissues minimizes risk, maximizes benefits and affords a far more comfortable surgical experience and recovery. -- Less can be more...a lot more -- Now that is smart surgery!"

Figure 1

Minimally invasive spine surgery affords flexibility to access the spine through small ports from virtually any direction. Here the lumbar spine is being accessed through the side, an approach that would be difficult through a traditional open procedure.



Figure 2

A. Through a 1 inch skin incision, sequential tissue dilators are introduced and are docked on the spine at the area to be treated.



B. An illuminated tubular retractor is then placed over the dilators to create a working channel through which all the surgery (decompression, reconstruction, instrumentation) is performed.

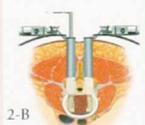
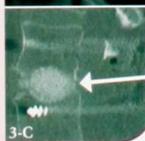
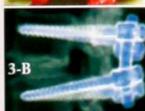


Figure 3

Minimally invasive spinal reconstruction. Through a 1.5 inch skin incision, a working channel was introduced. Pedicle screws were placed to stabilize the spine (A and B); and (C) the spinal canal was decompressed, the disc was removed and replaced with a precisely contoured interbody device.



Dr. Kamal Thapar – Wisconsin Brain & Spine Center

For information or to schedule an appointment:

715-832-1700 | 800-322-1747 | www.oakleafmedical.com

Dr. Thapar sees patients in Eau Claire, Black River Falls, Rice Lake, Hudson and Chippewa Falls.



Following a new, well trodden path



Paul Schlosser, MD
Integrative Healthcare & Gynecology
Two Rivers Clinic
Eau Claire

People across the world and across generations have long sought ways to live a healthier lifestyle and ultimately evade the ravages of disease. Beyond the rigorously scientific nature of medical acupuncture, lies an equally powerful metaphysical and spiritual part that simultaneously acts to help maintain and promote personal health.

But, how does it do this? How does it work? The short answer to this is by balancing the energetic flow of essential elements through the meridian system—akin to the neurologic or vascular system, through which flows “essential” elements such as body energy (Qi). Is this just double talk, confusing, purposeless nomenclature?

In creating a reasoned response to this question, one must first define some terms to be used in that discussion. Acupuncture, as described by the National Institutes of Health (NIH) describes a practice where several slender needles are inserted into well-defined points of the body to effect a desired response. The term “medical” acupuncture refers to a more recent blending of modern bioscience with traditional acupuncture therapy.

Medical acupuncture, defined as being provided by medical physicians, offers some additional benefits. The breadth of knowledge of the physician acupuncturist has already been measured by state and federal licensing boards. Implicit in this is medical insurance liability. Safety and open-mindedness first learned in medical school is enhanced with this further education.

As to my earlier question about “double talk”, I would contend that so much that is unfamiliar to us naturally encourages pessimism, skepticism and ultimately, if not rejection, then very slow acceptance.

This possible aversion to change may be what has slowed the use of acupuncture in this country, however this is not the case worldwide where acupuncture has long been used and appreciated. As many of you are aware, acupuncture has been around for thousands of years and as such is time tested. It has been proven to be uncommonly safe, therapeutic and extraordinarily flexible in addressing a vast spectrum of symptoms.

People commonly pause at this point and say to themselves, OK enough—how can it help me?

The short answer is by improving the quality of your life through symptom improvement, lessening of pain and improved fluidity. Health may be measured by words like “better” and not “cure”.

Maybe back pain is connected to not just spinal stenosis or obesity, but also to frustration and melancholy. Maybe there is truth to the assertion that we are the subtotal of many highly complex interwoven processes. Think spider web—undeniably effective, but fragile. LIFE isn't simple.

Regarding applicability of medical acupuncture, it is useful and has been used for everything from gastrointestinal disease to cancer; from fibromyalgia to shingles; from depression to phantom limb pain. Commonly it is used to help improve asthma, COPD symptoms, heart failure, kidney and prostate issues.

Mechanically, one tries to even out the flow of Chi (Qi) through the body's meridians which flow from top to bottom and inside to outside. The lack of unimpeded free flow throughout the system is what gives rise to various symptoms of disharmony or pain.

Acupuncture famously jumped across the Atlantic when President Richard Nixon opened up relations with China—at first via ping-pong! Acupuncture is now gaining in appreciation and credibility in the United States as a non-pharmaceutical form of energy medicine. By that, I mean that it depends on harnessing and directing the body's own internal, natural capacity to heal as opposed to relying overly on external forces like drugs. The beauty of this last statement is that it can largely do no harm, but simply help or have no effect. There is little to no downside to its use.

Importantly, I believe that it should be thought of as another treatment modality to be used simultaneously in conjunction with other treatment. It works well with Western medicine, chiropractic, oncology and neurology. In countries such as France, Germany and England, acupuncture is just another tool in the physician's “black bag”.

It is not an issue of which treatment modality is better, but really how we can help the patient to maximize his or her sense of wellbeing and health.

“For me, deciding to pursue medical acupuncture as both a patient and medical doctor was an easy decision. Having lived in both worlds of medical intervention, I believe it represents a win-win situation.”



Dr. Paul Schlosser – Two Rivers Clinic

For information or to schedule an appointment:
715-855-8280 | www.tworiversclinic.com
Dr. Schlosser sees patients in Eau Claire.

iStent: size does matter!



Thomas Harvey, MD
Ophthalmology
Chippewa Valley Eye Clinic
Eau Claire

The iStent Trabecular Micro-Bypass device has recently been released for the treatment of glaucoma. The iStent is the smallest FDA-approved medical device in existence! Smaller than the head of a pin, it is placed in the eye at the time of cataract surgery to help reduce eye pressure by enhancing fluid exit.

The iStent is designed for people with mild to moderate "open-angle" glaucoma, the most common form of the disease. In the healthy eye, clear fluid is continuously produced in and exits from the eye without optic nerve damage. In open-angle glaucoma, the exit is blocked, thereby allowing pressure to rise and damage the optic nerve.

iStent Size Comparison

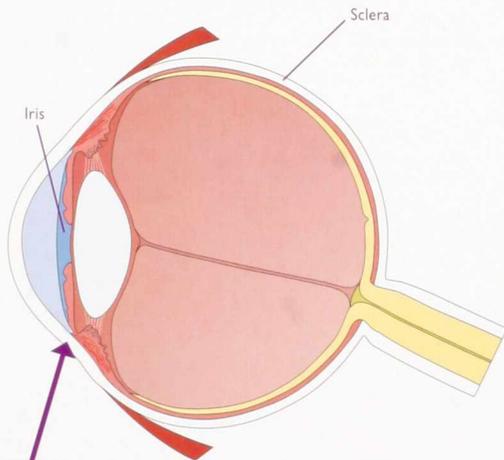


I was privileged to perform the region's first iStent procedures in April of this year. Much like our patients' results, the iStent has been shown in clinical studies to reduce eye pressure by 2 to 3 points. This has allowed a decrease or discontinuation of eye drop medications in many patients.

The iStent device is part of a new emphasis on less invasive glaucoma management options. Other options include: two newer glaucoma lasers and other stent-type devices that are not yet available. A combination of these therapies can be very effective in lowering eye pressure without the side effects of traditional scapel glaucoma surgery.

"It is my belief that treating glaucoma with minimally invasive surgical and laser options will save patients from eye drop side effects and save them money in the long run. It is what I would want for my own eyes!"

iStent Placement Diagram



iStent is placed in the trabecular meshwork (natural drain near the outer iris). Outflow through the iStent enhances fluid exit to help control eye pressure.

More information on the iStent is available at www.glaukos.com. See www.thomasharveymd.com for more resources.

Dr. Thomas Harvey – Chippewa Valley Eye Clinic

For information or to schedule an appointment:
715-834-8471 | www.thomasharveymd.com

Dr. Harvey sees patients in Eau Claire, Menomonie and Neillsville.



Anne Hargrave-Thomas
Chief Executive Officer
 OakLeaf Surgical Hospital

Did you know...

If you have been traveling northbound on the Hwy. 53 bypass recently, you will have noticed a flurry of activity on the northeast quadrant of River Prairie Road in Altoona. OakLeaf Surgical Hospital is building a new state-of-the-art surgical hospital. When opened, our new hospital will have 7 operating rooms. We will also have 4 procedure rooms dedicated to Pain, GI and Infusion Services. Wound Care/Hyperbaric/Concussion services will also be moving onto our new campus. With the addition of 17 overnight-stay beds, we will increase our bed capacity to 30 beds. Square footage will increase from 48,000 sq. ft. to over 100,000 sq. ft. covering two floors. Our new hospital and additional space will provide us with the needed growth potential to meet the future needs of the patients and physicians we serve. Anticipated completion date is mid-2014.

What will not change is OakLeaf's philosophy of providing outstanding personalized patient care; dedicated, friendly, professional staff; quiet comfortable, warm surroundings and appetizing made-to-order meals.

As part of our continued growth, I am happy to announce and welcome the new spine program: Wisconsin Brain and Spine Center located at Chippewa Valley Orthopedics & Sports Medicine. This new service line will greatly enhance the quality and access of neurosurgical/spine services available in the region. We are now able to offer a full spectrum of complex reconstructive spine surgery, revision spine surgery and minimal access spine surgery. For more information or to make an appointment, please contact 715-839-9833 or go to www.oakleafsurgical.com.



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Chris T. Buntrock, MD
Chippewa Valley Eye Clinic, LLC

MANopause – Treatment of Low Testosterone in Men

Christopher Tornehl, MD
Western Wisconsin Urology, SC



Tuesday, October 1 6:00–7:00 pm



Some “Handy” Information

John C. Berschback, MD
Chippewa Valley Orthopedics &
Sports Medicine Clinic, SC

Osteoporosis – New Treatment Options

Aron Adkins, MD
Eau Claire Medical Clinic, SC



Tuesday, October 22 6:00–7:00 pm



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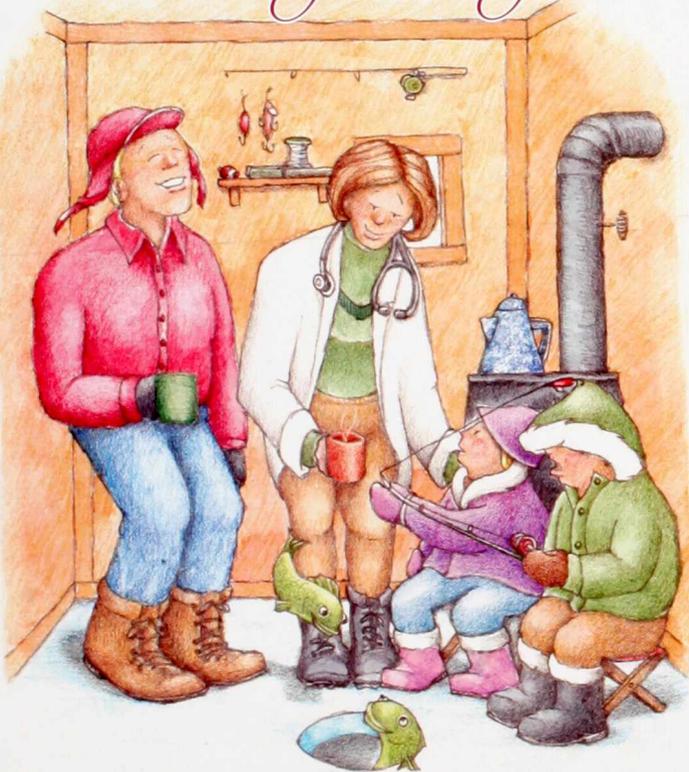
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