

OUR COMIC SECTION

Snoogie

Panel 1: A man (Pat) is running through a forest. A dog (Snoogie) is running behind him.

Panel 2: The man is running faster, looking back over his shoulder. Snoogie is barking.

Panel 3: The man is running very fast, leaving Snoogie behind. Snoogie is barking 'CHASE 'IM OUT, SNOOGIE'.

Panel 4: The man is running towards a large building. Snoogie is running after him.

Panel 5: The man is running away from the building. Snoogie is barking 'ARF ARF'.

Panel 6: The man is running away from the building. Snoogie is barking 'ARF ARF'.

SMATTERPOP

Panel 1: A man is sitting at a desk. A dog is barking 'EE-EEEK! A MOUSE ON THE CHAIR'.

Panel 2: The man is looking at the dog. The dog is barking 'HUH? MAW?'.

Panel 3: The man is looking at the dog. The dog is barking 'COME AWAY FROM IT'.

Panel 4: The man is looking at the dog. The dog is barking 'SNIFF SNIFF?'.

Panel 5: The man is looking at the dog. The dog is barking 'EE-EEEK! DON'T DO THAT!'.

Panel 6: The man is looking at the dog. The dog is barking 'IT'S CHAWKLET! WILLYUM MUSTA LEFT'.

POP

Panel 1: A man is sitting at a desk. A woman is sitting at a desk. The man is saying 'DOES HE KICK ABOUT THE MEALS?'.

Panel 2: The man is sitting at a desk. The woman is sitting at a desk. The man is saying 'NO -'.

Panel 3: A man is sitting at a desk. A dog is sitting at a desk. The man is saying '- ONLY ABOUT HAVING TO GET THEM!'.

SMART HUBBY

Two elderly members met at the club after many years. Said one to the other, who was slightly deaf:

"I'm sorry to hear of the death of your wife."

"Eh? What's that?"

"I'm sorry to hear your wife is dead."

"Speak up, man. I can't hear you!"

"I'm sorry you buried your wife!"

"But I had to. She died."

Necessity

Unsuspecting

Natural Result

No Hurt Feelings

C'mereous, Fido!

APPROPRIATE

Not Afraid

Serves Him Right

So Disturbing

On the Funny Side

GETTING OVER IT

Pat was being shown over a new house by the estate agent, who was, perhaps, a little more inclined to candor than some of his tribe.

"I think I must tell you," said the agent, "that there is one drawback to this house. It is very close to the railway, and you may be disturbed at night by the trains. Still, I'm quite sure that after two or three days you'll get used to it and not notice it."

Pat thought for a moment, then said:

"Sure, an' ye needn't worry. O'ill sleep at me brother's the first three nights."—Answers magazine.

DON'T BELIEVE SIGNS

Mike was going to Dublin for the first time, and his friend Pat was giving him a few hints on what to do, and where to go in the big city.

"What do I do when I go to the zoo?" asked Mike.

"You be careful about the zoo," advised Pat. "You'll see foine animals if you follow the words, 'To the lions' or 'To the elephants,' but take no notice of the one, 'To the exit,' Mike. It's a fraud, and it's outside I found myself when I went to look at it."—Dublin Evening Mail.

STEAM-ROLLED

"Welcome home, Bob, I suppose your European travels broadened you?"

"Well, as they flattened me completely, no doubt I've gained in breadth."

WHAT to EAT and WHY

Feed Adolescent Correctly or Tragic Consequences May Result, Warns C. Houston Goudiss; Teeth Must Receive Special Consideration

By C. HOUSTON GOUDISS

OFFHAND, it may seem as if there could be very little connection between a deficient diet during adolescence and painful childbirth in later years. Yet it has been demonstrated clinically that there is a definite link. It has likewise been determined that the kind of food which is fed adolescents has a significant and far-reaching influence upon their teeth in later life, and in the case of girls, upon the teeth of their children when they in turn become mothers.

Preparation for Parenthood

Adolescence is a difficult period at best. And if a girl takes an unbalanced diet at this time, the result may be an unstable nervous system, poor physical development, lowered vitality and inability to fight off infections. This lack of strong resistance may open the way to dental disease and to a variety of other serious infections as well.

It has also been established that if a girl is poorly nourished during these years of rapid development, there may not be the slightest indication of that fact until she first becomes an expectant mother. Then she will pay for her mother's lack of nutrition knowledge.

Results of Calcium Deficiency

If her diet has been deficient in calcium, for example, her pelvic bones may be imperfectly developed, so that she suffers unnecessarily during the birth of her child. And if liberal amounts of calcium have not been stored in her body, she may be called upon to make needless sacrifices from her own body in the interests of her child. It is well known that if an expectant mother's diet is not abundantly supplied with calcium, the substance will be withdrawn from her own bones and teeth in an effort to meet the needs of the developing child.

An Aid to Dental Health

For although expectant mothers are not always aware of this important fact, it is true that the first or "baby" teeth are developed within the jaw during prenatal life, and the foundations for the second set are also laid at this time.

Unless the expectant mother's diet is very generously supplied with calcium, so to allow adequate amounts for the baby's teeth and bones, nature will endeavor to meet the child's requirements by sacrificing calcium from the mother's own body. If she has no adequate reserve, then she

Pretty Workaday Fashions

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give them just the right lines. The high neckline, finished by a little round collar, covers up their collar bones and looks so well under young faces. This is a diagram design, therefore can be finished in a few hours. Make it of velvet, flannel, jersey, wool plaid, gingham, linen—it looks well in practically every fabric that school girls wear.

Three-Way Apron Design.

Two comfortable pinafore styles, so cut that they won't slip off at the shoulders, and a sweet little tie-around, are yours in this smart design that will help to solve many of your Christmas gift problems. Anyway you take it, or make it, this flaring, tiny-waisted apron design is a delight to make and to wear. Dimity, percale, dotted swiss, organdie and batiste, in white, dainty prints or pastels, are pretty fabrics for aprons.

The Patterns.

No. 1625 is designed for sizes 6, 8, 10, 12 and 14 years. Size 8 requires 2 1/4 yards of 38-inch material; 1 1/2 yards of braid; 3/4 yard of ribbon for belt.

No. 1622 is designed for sizes 32, 34, 36, 38, 40, 42 and 44. Size 34 requires 2 3/4 yards for each of these aprons. And for apron No. 1, 6 yards of braid. For apron No. 2, 3/4 yard of contrast. For apron No. 3, 1 yard of pleating.

Fall and Winter Fashion Book.

The new 32-page Fall and Winter Pattern Book which shows photographs of the dresses being worn is now out. (One pattern and the Fall and Winter Pattern Book—25 cents.) You can order the book separately for 15 cents.

Send your order to The Sewing Circle Pattern Dept., Room 1020, 211 W. Wacker Dr., Chicago, Ill. Price of patterns, 15 cents (in coins) each.

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"GOOD? YOU BET!" SAY MILLIONS ABOUT IRIUM IN PEPSODENT POWDER

Pepsodent ALONE of all tooth powders contains marvelous Irium*

● If YOU want YOUR teeth to sparkle as Nature intended they should, do this:—change immediately to newly-improved Pepsodent Tooth Powder! WHY? Pepsodent! Because it alone of all tooth powders contains that new fast-action tooth cleanser, Irium!... Irium makes the new Pepsodent more effective... helps Pepsodent to brush away unightly surface stains... so quickly reveal the natural radiance of teeth. Contains NO GRIT, NO BLEACH. Order Pepsodent now!

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him, and the young school child has his tooth-brushing ritual supervised, too often the adolescent is left to his own devices in this respect. That is a great mistake, as adolescents are sometimes careless in the care of their teeth. Mothers must see to it that there are two toothbrushes, one for night and one for morning, so that it is never necessary to use a soggy brush. They must watch when the supply of tooth paste or powder runs low, and see that it is replaced. For it is surprising how few children can be persuaded to brush their teeth properly without an agreeable dentifrice! Mothers should take care to choose a dentifrice that will preserve or restore luster in the teeth. For adolescents are extremely sensitive about their appearance and they must not be allowed to permit dingy teeth to spoil their smiles.

If mothers will feed their adolescents a correct diet and supervise their daily dental care, the coming generation will not only be more attractive to look at but should enjoy more abundant health.

Answers to Questions

Mrs. G. B. A.—Yes, there is a substance called cholesterol, and it is a vital constituent of nerve tissue, and is also found in the blood. Foods rich in cholesterol include egg yolk, liver, kidneys and sweetbreads.

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HOUSEHOLD QUESTIONS

Toast Animals.—Cut animal shapes out of bread with animal cookie cutters. Spread with butter and toast a light golden brown under the broiler. Serve these to the children to eat with their soup.

Colorful Salad.—When using apples in salad leave the skins on to add a touch of color to the salad.

Cleaning Strainers.—Never wash a tea strainer or a fine sieve in soapy water. Rinse in clear water always, then there can be no unpleasant flavor when next used.

Handy Clothespin.—Use a clothespin to untangle a fringe mop. It takes little time and mop will be as fluffy as when new.

HEADACHE EASED QUICKLY

Simple Method Shown Here Brings Relief in Few Minutes

1. Take 2 Bayer Aspirin Tablets with a full glass of water the moment you feel headache coming on.

2. You should feel relief very quickly. If pain is unusually severe, repeat according to directions.

To ease a headache with amazing speed, simply follow the easy Bayer Aspirin way shown above. Relief often comes within a few minutes. If this should fail—see your doctor. He will find the cause and correct it. While there, ask him about taking Bayer Aspirin to relieve headache and rheumatic pains. We believe he will tell you there is no more effective, more dependable way normal persons may use.

When you buy, ask for genuine "Bayer Aspirin" by its full name—not for "aspirin" alone.

15c FOR 12 TABLETS
2 FULL DOZEN 25c

A Remson
No man is rocked to Godliness in a hammock.—T. L. Cuyler.

